

ENTHEO KEYS

PSYCHEDELICS ARE NOT A SHORTCUT TO ENLIGHTENMENT, BUT THEY CAN BE A CATALYST.



 CATALYST



“HOW LONG WILL THIS LAST, THIS DELICIOUS FEELING OF BEING ALIVE, OF HAVING PENETRATED THE VEIL WHICH HIDES BEAUTY AND THE WONDERS OF CELESTIAL VISTAS? IT DOESN'T MATTER, AS THERE CAN BE NOTHING BUT GRATITUDE FOR EVEN A GLIMPSE OF WHAT EXISTS FOR THOSE WHO CAN BECOME OPEN TO IT.”

- ALEXANDER SHULGIN

WWW.CATALYSTGALLERYCO.COM



by Anthony Sabia
Founder & Publisher
Seeker & Destroyer

In this day, and age it's easier than ever to take a "me first" attitude. Everything is right at our fingertips. We're just a click or two away from solving most of our daily tasks. The ability to remain connected while being in complete isolation is something completely new to our species. For better or worse, it's here to stay.

Now that all the cards are on the table, how do you play the next few hands?

No matter how much of a loner you are (including myself) you still need the help of others to truly thrive in this world. Nobody has all the answers, and even the most successful people on the planet make sure they are delegating the things they do not specialize in as often as possible.

Finding a team once you've left grade school, college, or military can be a difficult task to accomplish. If it's your team, you're going to represent them as often as possible. It gets me looking around at my own company and who's involved with it. I may be the one driving, but Team Shroomski is comprised of some extremely dedicated and ambitious individuals that make all the behind-the-scenes action happen.

Not to mention our ever-expanding lineup of writers that continue to enlighten us with different aspects. As we approach each new issue, I challenge them to write an article that is impossible for the reader to put down. We feel like we're touching on a lot of subjects that are not the normal one's mentioned, as well as including perspectives from so many different individuals that are far more experienced than myself and a lot of the people I know.

So with all that being said, I am taking a big step back and looking at the entire landscape of psychedelics as a whole. So much is spoken about collective consciousness and how we are all connected here on this planet. It's our actions and habits collectively that create the individual vibe within each city, state or country. When the coordinated efforts of many are concentrated on a singular goal, the results can be astounding.

I see it happening in the community involved with modern psychedelics. We are all playing our own instruments in this orchestra of psychonauts. Each company is playing their own song.

MAPS seems to be the maestro syncing up so many individual players under one roof with their Psychedelic Science Convention. It's like the World Series for psychedelics! Bringing these individuals and companies into our hometown of Denver for a week in both 2023 and 2025 has been miraculous for everyone involved.

As a media outlet, clothing brand and event promoter, I take tremendous pride in representing the modern world of psychedelics. Shroomski is simply another instrument in this ensemble of players that are harmonizing their frequencies.

As we push forward with each and every issue of Shroomski, we evolve into a new version of ourselves. Things that seem obvious now were not so obvious when we started out. With age comes wisdom!

I was fortunate enough to listen to Mr. Leonard Pickard speak a few times over the past year. There are a few things that really impacted me when I heard him speak, but none hit me harder and made more sense than this:

"Everything you need to succeed exists within you now. Inside of a sober mind is where this exists."

Now, I may be off on the exact quote, but it is really close to his exact message that I've heard a couple of times. What a concept, right?! On the surface it seems like we're all after these mind-expanding molecules that many of us now have at our fingertips.

However, unlike the big pharma model that revolves around repeat business, this would suggest being able to eventually put it all down and be 100% free of anything drug related. Which is where so many of our paths seem to intersect. We're all looking for something profound to occur during our trips. Some kind of thought or vision that reveals an entirely new perspective.

The underlying message that I've taken away from Mr. Pickard's words is: trip with intention. You never know when it's your last psychedelic journey. So don't waste the opportunity given to us by the universe to make the most out of the time we're granted here.

That message is at the fundamental core of any experienced psychonaut. So many of us have been brought up to live our lives on a linear path. Psychedelics are extremely effective when it comes to clarifying that we're just another cycle within a cycle, within a cycle.

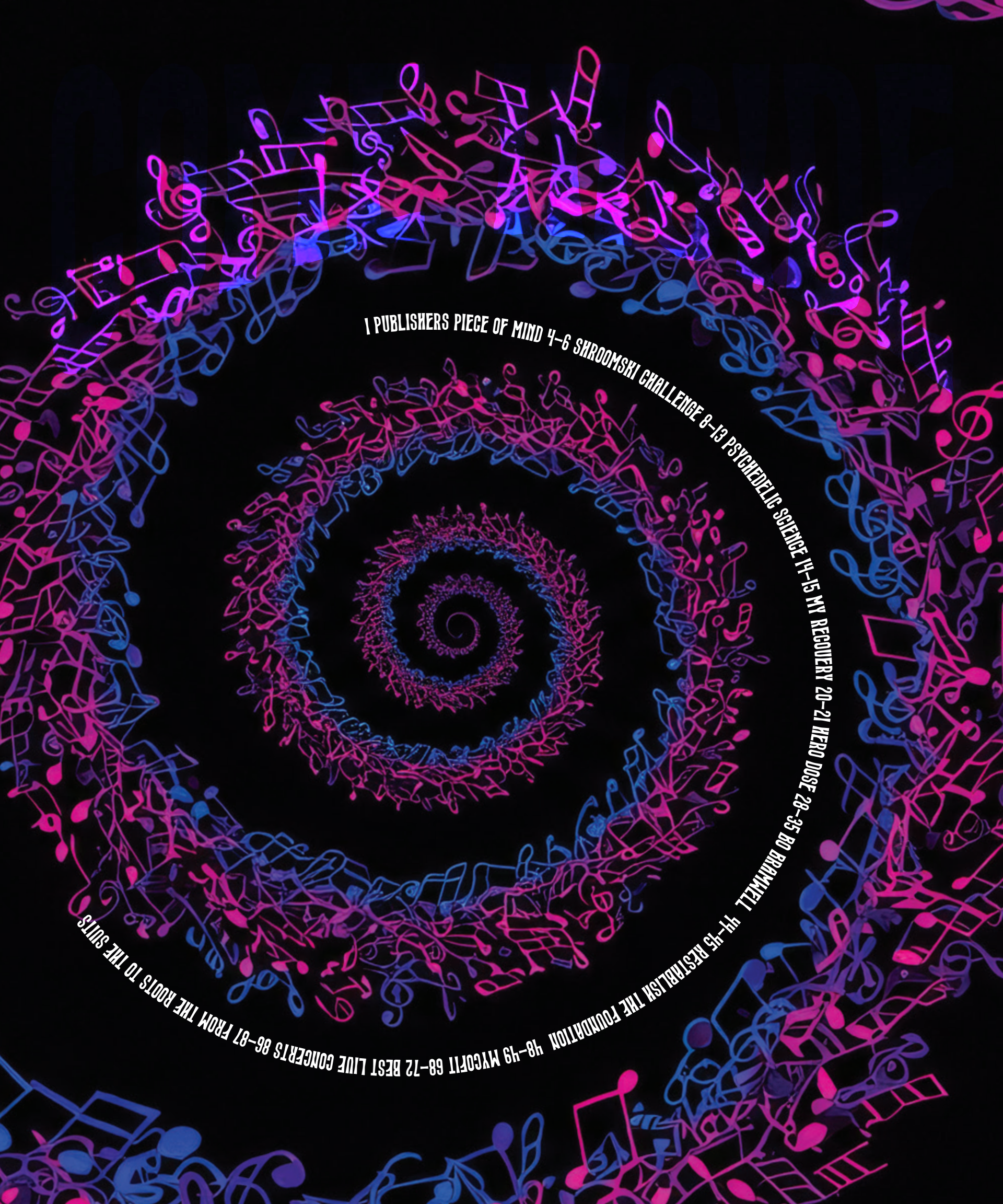
The cycle that I see as clear as day is the modern era of psychedelics. It is bursting with activity and promise. There is so much optimism and acceptance wherever you go lately. However, all that glitters is not gold. With every opportunity there are risks to take into account. Many psilocybin grows popped up in Colorado with operators investing heavily and winding up with a surplus.

Get creative, do something with a unique twist. Dare I say to be artistic? If you ever find yourself lacking inspiration, flip through the pages of Shroomski and you're off to the races! This publication is filled with the best collection of visionary artists to date. We are so grateful for them and that they would find this humble publication worthy of showcasing their artwork.

This magazine is a creative outlet for myself and my partner in crime, Kendra Davis. Both her and I are on a mission to do better than we did the last time out. All of these top notch visionary artists we are featuring have set the bar extremely high. The last thing we want to hear is that we're just another magazine!

There is no publication in circulation right now that can touch the atmosphere and energy that comes along with the launch parties we throw. I feel like we're Metallica back in 1986. The baddest band on the planet was still an opening act and had yet to headline a major tour. But what they were writing and playing live back then would become timeless masterpieces that would lay the foundation for what they have accomplished. Those songs got much louder, and they reached way more people than anyone would have ever predicted over the next 30 plus years. An opening act that was too heavy, too fast and too aggressive for any kind of radio air time back in the day; now they routinely sell out football stadiums across the world. We're going to crank the volume knobs all the way up and keep playing our songs so loud that it's impossible to not hear them! If you own or operate a company within the psychedelic space, it's time for you to really crank the volume up!

That's how we like to go chugging down the tracks on the Shroomski Express!! Buckle up, Psychonaut. Your trip to the next dimension is blasting off now!!



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SHROOMSKI

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SHROOMSKI

by Noah Novello

State-regulated *Psilocybe cubensis* mushrooms are just around the corner as Colorado issued the first licenses for the Natural Medicine Program earlier this year. The legal psychedelic fungi must pass a series of compliance tests to ensure accurate dosing and good quality. It's important for trained facilitators to know the strength of the products they are using and that those products are not contaminated. In fact, it's important for everybody! That's why we decided to start THE SHROOMSKI CHALLENGE.

The Challenge was open to anyone who shares their mushrooms in the grey market and had the confidence that their products would pass some of the same quality control measures required by the state. Analytical testing was done by Friday Ventures, a lab near Denver that specializes in cannabis & psychedelic services for this 'personal use' space. The results were impressive and shocking! Grades were given to each entry based on microbial & potency results, packaging, and a public taste test.

LET'S SEE WHO PASSED THE SHROOMSKI CHALLENGE!

Entry #	Product	Microbial Grade	Label Claim Grade	Homogeneity Grade	Taste Test (Live Vote)	Packaging (Live Vote)	Notes
1	Neau Tropics: Artisanal Gummies - Watermelon Mojito	A+	A	B			
2	Neau Tropics: Artisanal Chocolate - Mamba Milk	D	A	C			
3	Vital Bloom (Mycro Chron): Magic Mushroom Chocolate Bar - Dark Chocolate	F	B	F			*Most Total Psilocin per package = 70.4 mg *Failed Microbial Test (positive for <i>Salmonella</i>) *Failed Homogeneity (Relative Standard Deviation was 17.01%) *This product should be recalled & destroyed
4	House of Smo: Dark Chocolate Bar	B	A	B	B	B	
5	Billy Zonka: Key Lime Pie Chocolate	A+	A	A		A-	*Lowest RSD = 1.73% *Best in Class
6	Billy Zonka: Morello Rose Dark Chocolate	A+	A	A		C+	*Best in Class
7	Awaken: Superfood Chocolate - Epiphany Blend	B	C	B			*No Warning Label
8	Soma Medicinal: Chocolate	A+	F	B	B	C	*No info on package besides brand name *Strongest Single Serving = 6.9 mg Total Psilocin *No Warning Label
9	Shuttle Snacks: Dark Chocolate with Sea Salt	A+	A	B	A-	B	*No Warning Label
10	Shuttle Snacks: Gummies	A+	A	A	A-	A-	*Tightest Range = 0.02 mg *Best in Class
11	Boom: Gummies	A+	A	A	B+	A	*Most Informative QR Code *Best in Class
12	Funny Honey: Cacao Truffles - BV	A+	B	A			*Retest after failing Microbial Test (positive for <i>Salmonella</i>) *Highest Average Serving = 6.6 mg Total Psilocin
13	Awaken: Superfood Chocolate - Tantra Blend	D	C	A			*Retest after failing Microbial Test (positive for <i>Salmonella</i>) *No Warning Label
14	AZTEK FLESH OF THE GODS: Honey Sticks	A+	B	A	B+	A-	*Retest after failing for Label Claim (ND for psilocybin & psilocin) *No Warning Label
15	CHOCOLATE EVOLUTION: Mushroom Chocolate	A	A	C	A-	A	*Retest to improve Microbial Grade

CHALLENGE

MICROBIAL TEST

20% of the entries failed by testing positive for Salmonella. It's estimated that over 1 million people are infected and over 400 people die annually from this bacterium that is transferred through poor hygiene practices and questionable ingredients. Are you thinking back to those times when you experienced a case of the bubble-guts after eating some shrooms? Over half of the entries received an A+ for being totally clean of the type of organisms that can live in the gut and make you sick. One of the goals of the Shroomski Challenge was to help bring awareness and improve the quality of these products being shared with the community. Entries that failed were allowed to re-submit after receiving some advice from the lab about possible sources of contamination. Every failed entry that re-submitted passed!

POTENCY TEST

The new regulations allow up to 15% variance between servings so we used the same standard for the Shroomski Challenge. We graded a product's homogeneity by testing individual servings and graded label claim by comparing what was written on the package to the average results of the full package. There is a clear need for a standardized way to inform people of dosage. None of the entries had "Total Psilocin" content per serving/package listed on their package, which is what will be required in the regulated space. The inconsistent language and lack of testing in the grey market is a problem we've identified during this Challenge as some of the entry's "microdose" ranged from 0.0 mg to 4.7 mg of Total Psilocin (the most commonly used microdose is 1 mg Total Psilocin.)

NOTABLE HIGHLIGHTS

"Only 1/3 of the entries were in Child Proof Packaging. None of them were pet proof."

"1/3 of the entries had no Warning Label of any kind."

"60% of the entries received an A+ microbial grade for totally clean results."

"20% of the initial entries tested positive for Salmonella."

"The product that had the Most Total Psilocin per Package (70.4 mg) also tested positive for Salmonella."

"1 entry failed Homogeneity for inconsistent amounts of Total Psilocin in each serving."

"A 'microdose' ranged from nothing to 4.7 mg of Total Psilocin."

"4 entries named 'Best in Class' for getting straight A's on their lab tests."

THESE BRANDS ARE OFFICIALLY SHROOMSKI CERTIFIED



Now that you are armed with some science driven data, if you are consuming products in the unregulated market, be sure to ask:

Was it tested for potency? Was it tested for microbials? Did it pass **THE SHROOMSKI CHALLENGE?!?**

SHUTTLE SNACKS ★ A-

SOMA ★ B+

HOUSE OF SMO ★ B+

EVOLUTION ★ A-

BOOM ★ A-

AZTEC ★ B+

BILLY ZONKA ★ A

NEAUTROPICS ★ A-

CONCLUSION

The first **SHROOMSKI CHALLENGE** was an eye opener! We saw some of the cleanest and most consistently dosed products out there. We also saw some of the worst contaminated. The good news is that these potency and microbial problems can be easy to fix with a little testing and some increased quality control. There is also a need for standardized dosing language. This will help everyone's ability to comfortably try new products as they become familiar with how their mind and body respond to a specific milligram dose of Total Psilocin.

AWARD-WINNING PSYCHEDELIC SERVICES BACKED BY SCIENCE AND FOCUSED ON SAFETY



EXTRACTION



CONSULTING



INFUSION



HARM REDUCTION SERVICES



POTENCY TESTING



MICROBIAL TESTING



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2025

The Magic Mushroom Cup

1st Place in Extracts
Active Compounds
& Minor Compounds



2024

Colorado Psychedelic Cup

1st Place Live
Competition



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TRIP REPORT: THE CONFERENCE YEARS

by PS2025 Team



HOW DECADES OF WORK BY MAPS HELPED TRANSFORM PSYCHEDELIC GATHERINGS FROM ACADEMIC ENCLAVES TO GLOBAL MOVEMENTS

When the Multidisciplinary Association for Psychedelic Studies (MAPS) first envisioned a dedicated conference for psychedelic research, the world was a very different place. In 1990, Rick Doblin, Ph.D., and a small circle of pioneers gathered in an era when psychedelics were relegated mainly to the shadows, seen more as relics of the counterculture than serious subjects of scientific inquiry.

That year, MAPS co-hosted its first official conference: Regulation or Prohibition: Psychedelics in the 1990s, held at the Claremont Hotel in Berkeley, California. Organized by MAPS founder Rick Doblin along with Alise Agar, the event featured influential voices including Ram Dass, Ralph Metzner, Timothy Leary, Laura Huxley, Terence McKenna, Andrew Weil, and others. The aim was to convene psychiatrists, therapists, and researchers to discuss the future of MDMA and the science of psychedelics.

From that moment on, MAPS quietly and steadfastly laid the groundwork for a world where psychedelic-assisted therapy could be conducted with rigor, discipline and research. From sponsoring MDMA clinical trials to developing public education and advocating for harm reduction through the Zendo Project, the organization built a reputation as the world's

leading psychedelic research nonprofit. Throughout the 1990s and early 2000s, MAPS hosted symposia and collaborative research meetings, bringing together leaders from neuroscience, psychiatry, anthropology, and spirituality to explore the healing potential of psychedelics in a cross-disciplinary context. The gatherings were low-profile, but the network they helped form would prove essential.

Then, in 2010, the movement stepped into the light.

FROM THE HOLIDAY INN TO HISTORY

Psychedelic Science 2010, held at a Holiday Inn near the San Jose Airport, marked a defining moment in the modern psychedelic renaissance. Organized by MAPS in partnership with the Beckley Foundation, the Heffter Research Institute, and the Council on Spiritual Practices, the event featured over 90 presenters and drew more than 1,200 attendees from around the world. It was the first major public psychedelic conference in the United States in decades, and its success surprised even its organizers.

What had begun in modest hotel ballrooms was no longer just theoretical. The science of psychedelics had emerged chrysalis-like into public view from the darkness of not being considered to the light of rigor, openness, and momentum. People packed folding chairs to hear updates on psilocybin trials, MDMA-assisted psychotherapy, ayahuasca research, and more. The sense of community and shared purpose was palpable.

PING THE PSYCHEDELIC RENAISSANCE: THE STORY OF MAPS

For nearly forty years, MAPS (Multidisciplinary Association for Psychedelic Studies) has been at the vanguard of psychedelic research. Here's a brief timeline of the pioneering 501(c)(3) at the heart of the Psychedelic Science Conference.

1972

Rick Doblin, the founder of MAPS, gets a clear hit on his—and the world's—future when he first experiences LSD, setting him on a path to creating a society that embraces legal psychedelic-assisted therapy.

1984

Rick Doblin, along with Alise Agar, co-founds the Earth Metabolic Design Lab—a nonprofit think tank aimed at sustainable planetary systems design. Their initial project? Preventing the DEA from classifying MDMA as a Schedule I substance.

1986

Rick Doblin officially launches MAPS to bring scientific rigor and public education to psychedelic-assisted therapy—and to ensure psychedelics are explored ethically, legally, and medicinally.

2004

Clinical trials begin under the leadership of Amy Emerson, investigating MDMA-assisted therapy for post-traumatic stress disorder (PTSD). The results mark the start of a long journey through the FDA drug approval process.

2012

MAPS launches the Zendo Project, offering psychedelic harm reduction services at festivals, concerts, and large-scale events—helping people navigate challenging experiences with compassion and care.

2014

To manage the regulatory and commercial pathway for MDMA, MAPS establishes the MAPS Public Benefit Corporation (MAPS PBC)—a for-profit subsidiary with a nonprofit mission. This hybrid model ensures profits are reinvested into psychedelic science and public health.

2019

Rick Doblin takes the TED stage, further raising global awareness. MAPS also publishes the results of six successful Phase 2 studies demonstrating MDMA's potential to treat PTSD.

2020

MAPS launches the Capstone Campaign, a bold \$30 million fundraising effort to fund the final Phase 3 trials. With support from Tim Ferriss, the Steven & Alexandra Cohen Foundation, and others, the campaign crosses its goal—propelling MAPS toward potential FDA approval.

2021

Nature Medicine publishes MAPS' first Phase 3 results showing dramatic symptom reduction for PTSD patients receiving MDMA-assisted therapy—marking a breakthrough moment in psychedelic medicine.

2023

At Psychedelic Science 2023 in Denver, MAPS hosts over 12,000 global attendees and 500+ speakers, cementing its status as the movement's scientific and cultural convener.

TODAY AND TOMORROW

MAPS stands at the crossroads of science, policy, and healing—pushing to ensure psychedelics are integrated responsibly into medical systems and society. With expanded global trials, an innovative business model, and new training programs for therapists, MAPS is not just funding research—it's building a new ecosystem for care.



BREAKTHROUGHS AND BIGGER AUDIENCES

Psychedelic Science 2013, also in the Bay Area, expanded on the success of the 2010 conference. With multiple tracks covering clinical trials, harm reduction, indigenous traditions, spiritual practice, and policy reform, it drew a global audience of nearly 2,000 people. For many attendees, it was the first time they'd encountered such a rich blend of perspectives under one roof.

By 2017, the psychedelic field was experiencing rapid acceleration. MAPS had entered Phase 3 trials for MDMA-assisted therapy for PTSD. Public curiosity about microdosing, ketamine, and psychedelic retreats had spiked. The stigma was weakening. When *Psychedelic Science 2017* opened its doors, it welcomed over 3,000 attendees—a striking jump from previous years.

When *Psychedelic Science 2023* opened its doors at the Colorado Convention Center in downtown Denver, over 12,000 people poured in, filling the convention halls and sprawling across the Mile High City.

The contrast was striking. This was no longer a fringe conversation, from coffee urns and poster boards in a modest Holiday Inn to immersive exhibits, national media, and policy panels under vaulted glass ceilings. It was a movement fully arrived.

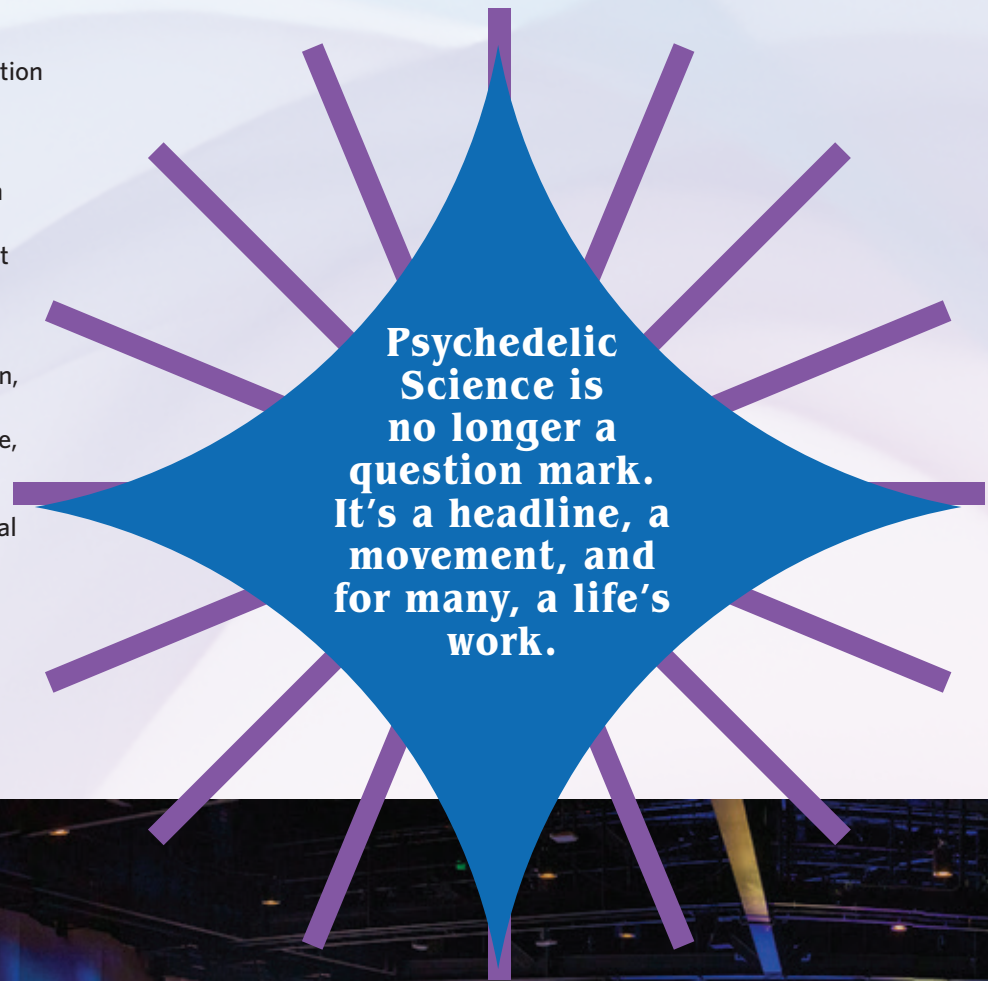
The programming reflected the shift. Topics included clinical research and therapeutic frameworks and conversations around ethics, integration, cultural appropriation, and the decolonization of certain psychedelics spaces. The conference also began attracting mainstream press coverage, which amplified its influence and helped broaden the audience.

Crucially, it also attracted the attention of people outside the professional psychedelic sphere—policymakers, investors, curious clinicians, and members of the general public seeking healing and connection.

THE MILE-HIGH MOMENT

Psychedelic Science 2023 in Denver marked a true watershed. With over 12,000 attendees, 300+ speakers, dozens of exhibitors, art installations, film screenings, community meetups, and five days of panels and workshops, it was more than a conference—it was a cultural milestone. Topics spanned cutting-edge neuroscience, MAPS' own clinical breakthroughs, indigenous plant medicine ceremonies, harm reduction strategies, and the intersection of psychedelics with Black liberation, LGBTQ+ healing, and environmental consciousness.

The sheer size and energy of the 2023 gathering marked a turning point: psychedelic science was no longer fringe. It had become a mainstream—and global—movement.





Quick Stats

38+ YEARS
leading psychedelic
research & advocacy

FIRST SPONSOR
of Phase 3 psychedelic-assisted
therapy trials

OVER \$140 MILLION
raised—and counting

15+ CLINICAL TRIAL SITES
across 3 countries







LOOKING AHEAD: THE INTEGRATION

Now, as MAPS prepares for *Psychedelic Science 2025*, the conference's theme—The Integration—feels especially apt. No longer focused solely on proving psychedelics' legitimacy, the conversation is shifting to responsible implementation. How do we train therapists at scale? How do we ensure accessibility and equity? How do we preserve traditional knowledge and ethical safeguards while building new clinical systems?

The conference has become not just a stage for research, but a crucible for collaboration, policy formation, cultural reflection, and collective healing. What began in a classroom at Claremont Hotel—and took a huge leap in a Holiday Inn ballroom—is now filling the halls of major convention centers and the imaginations of scientists, therapists, artists, elders, and activists around the world.

Psychedelic Science is no longer a question mark. It's a headline, a movement, and for many, a life's work.



MY RECOVERY DOESN'T LOOK LIKE YOUR RECOVERY & THAT'S OK— IT LOOKS LIKE A

RESURRECTION

by Michael Gonzales

Michael Gonzales shares his raw, personal journey of breaking free from traditional models of recovery.

Through plant medicine, psychedelics, and intentional healing, he reclaims his life and invites others into a revolutionary new era where healing has no shame, no limits, and no one-size-fits-all rules.

There's a moment in recovery no one prepares you for — not the crash, not the detox, not the meetings — but the moment you realize:

"The recovery they're offering me isn't enough to save me."

It hit me sitting on a metal chair in a church basement, coffee burning my tongue, slogans bouncing off concrete walls.

"One day at a time."

"No mind-altering substances, ever."

"Keep coming back."

The words slid over me like cold water.

Not because I didn't want to heal — but because the healing they offered wasn't deep enough.

I didn't want to survive.

I wanted to transform.

I didn't want to white-knuckle my way through another decade of silent despair.

I wanted to meet myself — the real self — whole, broken, sacred, and alive.

But there was no step for that.

No slogan for that.

No meeting format for that.

Just a roaring fire inside me that said:

"There has to be more."

And so I walked out — not because I had given up on healing, but because I had finally decided to fight for a healing big enough to hold all of me.

I didn't find my new path all at once.

It didn't come wrapped in a Big Book or handed down by a sponsor.

It came in fragments, in desperate moments, in tiny cracks of intuition that whispered:

"There are medicines the world forgot about."

At first, it was cannabis — not the party drug they warned us about,

but the sacred, ancient plant that quieted the hurricane in my chest enough for me to breathe.

I didn't smoke to get high.

I smoked to survive.

To sit with my pain instead of running from it.

To stay alive when my mind was screaming for the exit.

Then came psilocybin — a handful of mushrooms, a room full of shadows, and a night I'll never forget.

It didn't just show me my wounds.

It walked me through them.

Layer by layer, mask by mask, until nothing was left but the raw, shaking, beating heart of who I had always been.

And ketamine...

Ketamine didn't offer visions.

It offered annihilation.

It took everything I thought I was — the stories, the shame, the scars — and dissolved them into a black ocean where even my name didn't exist.

And somewhere in that void, I found something I had never truly met before:

Freedom.

At first, I thought I was walking this path alone.

That's what the old world teaches you — that if you step outside the lines, you vanish into exile.

But when I lifted my head, I saw something else: a rising army.

Mike Tyson — the fighter, the legend — rebuilt his soul through psilocybin, DMT, and sacred plant medicines, speaking openly about how they didn't just save his life — they resurrected it.

Lamar Odom — survivor, warrior — didn't claw his way back through slogans or punishments.

He found salvation through ketamine therapy and the ancient healing of ibogaine — plants that Western recovery never dared mention in its scripts.

Tim Ferriss — one of the sharpest minds of this generation — didn't scoff at psychedelics.

He bankrolled the science.

He put millions into psilocybin research at Johns Hopkins to unlock healing for millions more.

Dr. Gabor Maté, Rick Doblin, Dr. Robin Carhart-Harris — voices of science, compassion, and revolution — stood up and said what so many of us knew in our blood:

Healing is not one-size-fits-all.

Healing is messy. Sacred. Personal.

And suddenly, I realized: I wasn't a mistake.

I wasn't broken.

I was part of a movement that was only getting louder.

The old recovery is cracking.

The new recovery is rising.

Not out of rebellion — out of necessity.

Out of survival.

Out of truth.

The Night I Met Myself (Psilocybin Journey)

It didn't start heroic.

It started with terror.

I took the medicine in silence, laid on the floor, and waited for the world to break.

And it did.

First came the shaking.

Uncontrollable. Violent.

My body convulsed like it was trying to shake something out that had been rotting inside me for decades.

Then came the tears.

Not the neat kind you wipe away politely.

The kind that pour from somewhere so deep, you wonder if they belong to you at all — or to every ancestor who ever cried and was told to shut up.

I saw things.

I felt things.

Not hallucinations — remembrances.

The little boy in me, crying alone behind a locked door.

The teenager fighting fists and silence and confusion.

The man building armor so thick he forgot there was a heart underneath it.

And in the middle of that devastation, a whisper: "Stay."

Stay with the pain.

Stay with the heartbreak.

Stay with the part of you you spent your whole life running from.

And so I stayed.

And when the storm passed, when the last sob wracked its way out of my ribs, I found something waiting on the other side: Me.

Not the addict.

Not the sinner.

Not the lost cause.

Just me.

Small. Tender. Whole.

The Portal of Ketamine (Death and Rebirth) Ketamine doesn't ask you to face your wounds.

It strips you of your ability to lie to yourself at all.

One moment, I was lying in a therapist's office.

The next, I was nowhere.

No body.

No story.

No sorrow.

Just consciousness — endless, borderless, terrifying.

I panicked.

Where was Michael?

Where was my life, my memories, my healing, my scars?

Gone.

And then I understood:

Freedom isn't found in patching up the old identity.

Freedom is found in letting it all die.

When I returned — minutes, hours, eternities later — I wept.

Not from sadness.

From awe.

Because I had touched something no meeting, no sponsor, no old definition of "sobriety" ever showed me:

The part of me that had never been broken in the first place.

Cannabis: The Medicine of Softness

They told me cannabis was a crutch.

They never saw the nights it kept me breathing.

They told me it was a relapse.

They never saw the panic attacks it softened, the terror it slowed, the grief it allowed to drip out one tear at a time instead of exploding in violence and new mistakes.

Cannabis wasn't my escape.

It was my bridge.

Back to my body.

Back to my breath.

Back to myself.

This Is Not Recovery — This Is Resurrection!! This is a movement anthem. I stand for a generation of people who need this freedom!

The old recovery is dead.

It died the moment I realized healing wasn't about chaining myself to fear.

It died the moment I realized that "sobriety" meant nothing if I was still living in self-hatred.

It died when I looked into the face of plant medicine — and saw my own reflection staring back, asking:

"Are you ready to be free?"

I didn't walk away from recovery.

I walked into a recovery big enough to hold my truth!!!

Big enough to hold my grief.

Big enough to hold my dreams.

Big enough to hold me.

And I'm not alone.

We are everywhere now.

We are Mike Tyson, standing barefoot on the soil of psilocybin, shedding lifetimes of rage and shame.

We are Lamar Odom, surviving overdose and rebirth through ketamine's sacred doorways.

We are Tim Ferriss, pouring millions into research because he believes healing is a right, not a luxury.

We are the warriors, the healers, the survivors who refused to die politely inside the old systems.

We are the recovery they never saw coming.

No more shame.

No more guilt.

No more chains.

No more asking permission to heal.

We are not broken.

We are the break.

The rupture in a system that forgot how sacred healing really is.

This isn't rebellion.

This isn't relapse.

This is resurrection.

I am in recovery — not despite these medicines, but because of them.

I am not surviving.

I am rising.

I'm not dying I'm living!

And if you are walking your own path — through cannabis, through psychedelics, through therapy, through any sacred method that calls your soul back home — know this:

You are not lost.

You are not wrong.

You are part of the revolution.

Welcome home.

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Meeting Myself

by Danielle Adams

A Journey
Through

High-Dose Psilocybin

What's your spirit guide? You know, that animal that keeps showing up like it's trying to get your attention from the other side. For me, it is snakes—something I never really encountered until my first 5 gram mushroom journey. After that? Snakes. Everywhere. It was like the universe was saying, "Hey—wake up. Time to shed some skin." That's why I started diving deep with mushrooms in the first place: not to trip, but to transform. To finally stop running from myself. Turns out, snakes aren't evil symbols like movies make them out to be. In fact, they're powerful symbols of transformation—the sacred shedders of old skin. Of course I ended up with the "misunderstood" one. Figures.

So, what exactly is a "high dose"? Ever thought about trying one? Maybe something's stopping you. Maybe it's fear, or the unknown, or that story about someone who spent an hour debating a lamp about who was the real source of light in the room.

Most people these days call anything over 3.5 grams a heroic dose, but Terence McKenna famously said:

"The game doesn't even begin until 5 grams."

And he meant **5 grams in silent darkness**. No music. No distractions. Just you, the cosmos, and your thoughts cartwheeling into places you didn't know existed.

High dose is relative, though. For some people, 1 gram will have them crying into their grilled cheese sandwich. You always want to factor in your body weight, experience level, and mental state. Let's just say, heroic for one person might be a toe-dip for another.

You might wonder: why would anyone intentionally launch themselves into the void? Some seek deep healing, ego dissolution, or profound insight. Others just want to see what happens when you crank reality off its hinges.

Me? I take mushrooms because they help me remember. Remember who I am. Who I've always been underneath the noise—beneath the conditioning, the expectations, the survival mode. High-dose journeys strip away all the nonsense and leave me face-to-face with my own essence. Sometimes it's beautiful. Sometimes it's brutal. But it's always worth it. Apparently, I also wanted to battle an eight-armed woman who flung me across the room like a rag doll. But we'll get to that.

One of my most impactful experiences happened during a 10 gram journey. I met myself for the first time at age 32. I watched, at first, like a movie, as a woman was dragged through a medieval village to be burned at the stake. She kicked and screamed, a blur of defiance and desperation. Then suddenly... I became her.

I fought everyone around me. *Why are they doing this to me?* I thought. But then came the click. The internal shift. I surrendered, and everything changed. The crowd wasn't trying to hurt me. They were protecting me. They were with me.

I realized I'd been fighting the wrong battle—not against others, but against my own refusal to trust. In that moment, I remembered who I was: strong, intuitive, and worthy of connection. And holy hell, did it feel good to be part of something again. To stop battling everyone around me. To be in unity.

Preparation is everything.

There's no part of my life mushrooms haven't touched—my relationships, my ability to feel joy, my connection to nature, even the way I breathe. Every deep journey is a mirror and a message. And the more I've trusted the medicine, the more I've come home to myself. That's why I keep going back. Not to escape—but to return.

You've heard it: set, setting, and dose. But let's add another layer.

For me, preparation isn't just about the room being quiet or the dose being measured — it's about building a container that feels sacred and supportive. I clean my space, organize it intentionally, and remove anything that might feel chaotic or overstimulating. It's dark. I place objects around me that feel grounding.

I wear soft clothing. The phone is shut off and forgotten. I make sure there's water within reach and a place to lie down that feels safe and comforting. I write out my intentions in a journal beforehand and read them out loud. Not to control the trip — but to anchor myself in purpose.

It's not rigid. It's not ceremonial for the sake of performance. It's a way of telling my mind and body: We're doing something brave. Let's be ready.

Know your mushrooms. If possible, test them for psilocybin and psilocin levels. Potency matters. I fast for 24 hours before a journey, drinking only water, so my body feels light and clear. I sage my home, set my intentions, and create a space that feels like a soft landing, not a battlefield. Where you are—physically and emotionally — matters just as much. Choose a setting that feels sacred, clean, and intentional. A place your nervous system can exhale in.

Before I dive in, I sage my entire home and speak my intentions into the space. One time, just before a 12 gram journey, I watched a piece of burning sage tumble onto the blanket and burn a hole straight through it. A chaotic omen — and the experience lived up to it in all the best ways.

When a heroic dose kicks in, it kicks in fast. Walls breathe. Colors ripple. Your thoughts take on accents. You forget what time is and then remember it again in a new dimension.

No one told me how quickly the shift would come on during my first 5 gram journey. I was terrified. But within the fear was something so ancient and sacred that I still think about it years later. That experience gave me the most peace I've ever felt in this lifetime. So peaceful, I now strive to find that state of mind without psychedelics. The state of mind that whispers, you can live this way. Slow down.

Of course, not every moment is that poetic. Sometimes you meet monsters. Or women with eight arms. Like that one time I walked into a space and there she was: tall, cloaked in black, waiting. I tried to approach her, thinking, "let's be friends." Bad idea. She grabbed me and threw me. I tried again. Threw me again. I remember saying out loud, "Oh... that hurts."

Finally, I remembered: Breathe. Ground yourself. Surrender. I let go of trying to win. I wonder now what would've happened if I'd just sat down and listened to what she had to say.

The experience might last 4-6 hours, but the real magic happens after. You might not understand what happened right away. You might not understand it for years. But it stays with you. It bubbles up in dreams, in sudden insights, in those quiet moments of remembering.

Journaling helps. Art helps. Talking to someone you trust helps. But more than anything: time helps. And patience. The signs are always there, if you're willing to look.

Mushrooms are powerful teachers. High doses aren't for everyone. And that's okay.

Just remember:

If the walls start breathing... breathe with them.

Most people these days call anything over 3.5 grams a heroic dose, but Terence McKenna famously said:

"The game doesn't even begin until 5 grams."



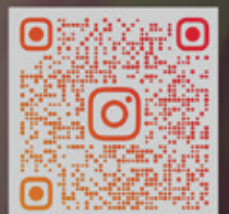


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by Tonya Merta



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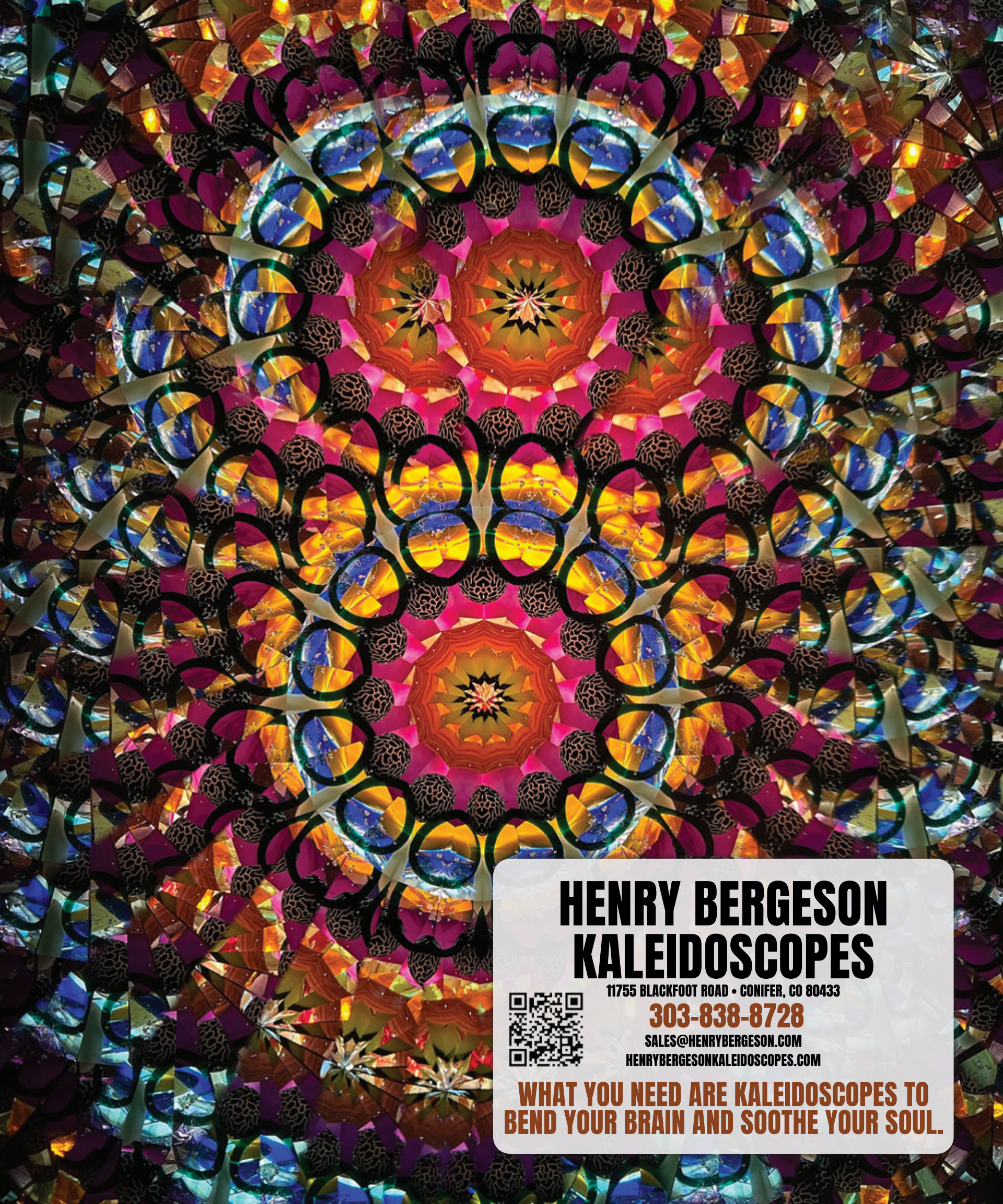
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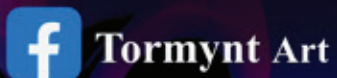
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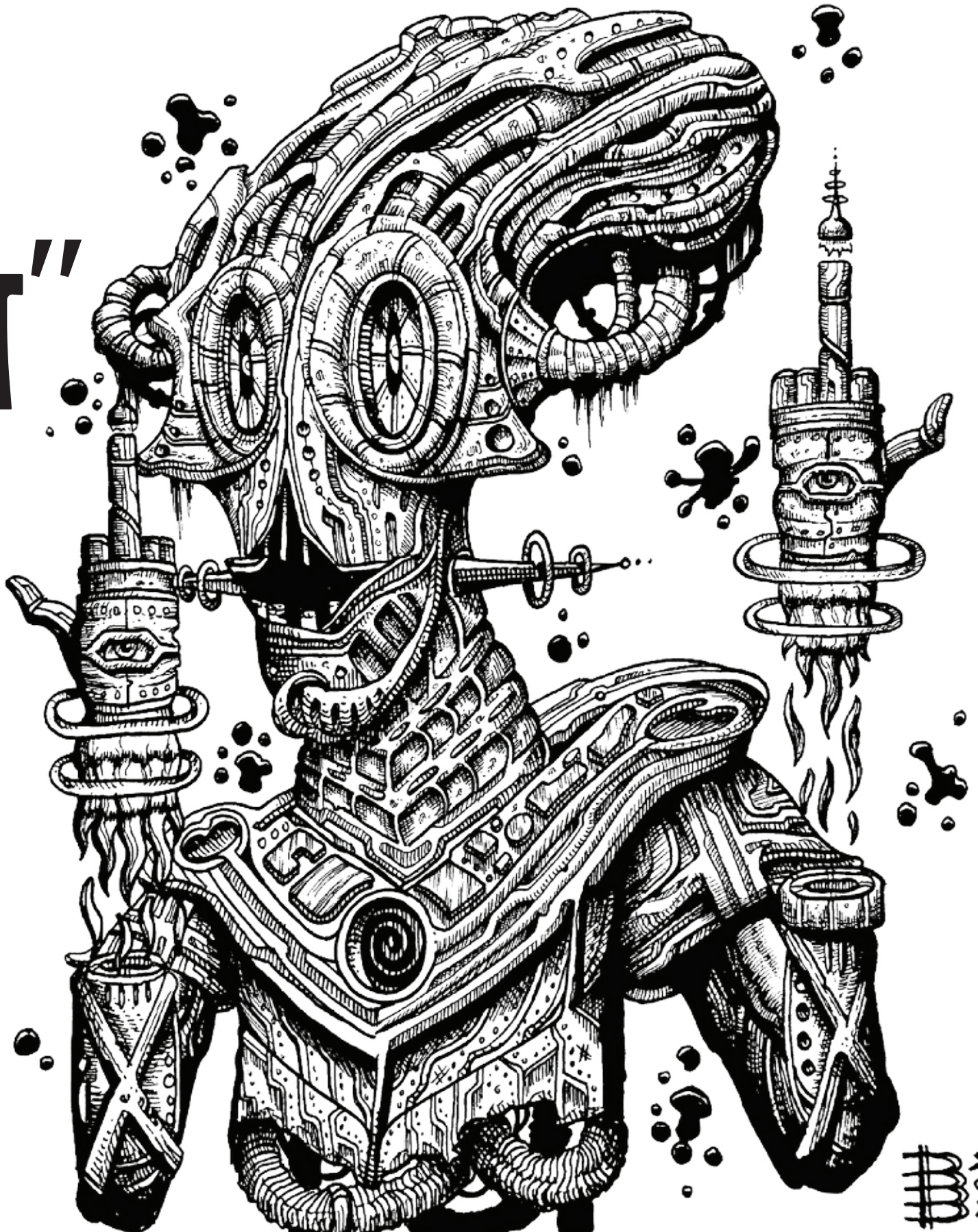
Bo Bramwell



**BO BRAMWELL IS
A CONTEMPORARY/
VISIONARY ARTIST BASED
OUT OF SAN DIEGO, CA.
HE SEEKS TO UNIFY ALL
WALKS OF LIFE THROUGH
HIS ART AND INSPIRE
OTHERS TO ELEVATE
TO NEW LEVELS OF
CONSCIOUSNESS
THROUGH HIS PEN.**



"I
AM
ART"



SHROOMSKI
MAGAZINE



COULD YOU SHARE A MEMORABLE OR PIVOTAL MOMENT IN YOUR ARTISTIC CAREER THAT HAS SHAPED YOUR APPROACH TO CREATING ART?

I'd say my fondest memory as an artist comes from my first breakout moment. I lost my job during COVID, spent 350 hours on one piece, got 6 million views in a week on Reddit, and have been doing art full time ever since. That was a proud and exciting time for me.

HOW HAS YOUR PERSONAL GROWTH AND SELF-DISCOVERY JOURNEY INTERTWINED WITH YOUR ARTISTIC PROCESS?


I'm alllll about **SHADOW WORK**. The shadow of the human soul is the parts of ourselves that we often refuse to face. Ever since I got sober off of stimulants, I've had a profound desire to figure out who I am. To be better. To do better. I believe art, in its highest form, is a path to self-actualization.



CAN YOU TELL US ABOUT ANY COLLABORATIONS OR PROJECTS YOU HAVE BEEN INVOLVED IN WITHIN THE ART COMMUNITY OR OTHER INDUSTRIES?

I've had the absolute honor and privilege to work with clients such as Sublime, Slightly Stoopid, ATLiens, Atmosphere, Psychedelic Porn Crumpets, Sullen Clothing, TALK, Badfish, Elev808 Designs, and so many other brands and bands that I admire. My inner child is jumping for joy.





AS AN ARTIST, HOW DO YOU ENVISION THE FUTURE OF THE ART INDUSTRY, ESPECIALLY CONSIDERING EVOLVING TRENDS AND TECHNOLOGIES?

AI is not going anywhere. I think, in order to stay relevant as an artist, it's imperative that we use it as a tool, but not a crutch. I'm very grateful that I had built up a career before the AI boom though.

As an entrepreneur, I've always found ways to keep going. There will always be ways for artists to stay relevant, create, and stay authentic to our innate need for human connection. Technology can never take that away.

COULD YOU DISCUSS THE WAYS IN WHICH YOU BALANCE ARTISTIC INTEGRITY WITH THE COMMERCIAL ASPECTS OF THE ART WORLD?

This is a tough one. It's impossible, as a full time artist, to not want to keep your audience in mind. I skirt a fine line between what my audience wants, and what I want, all the time.

But I've found that the most joy is derived when I do work solely for myself. And almost always, the audience concurs.

HOW HAVE PSYCHEDELICS INFLUENCED YOUR ARTISTIC PERSPECTIVE, AND DO THEY PLAY A ROLE IN YOUR CREATIVE PROCESS?

Psychedelics are completely intertwined with my work, but I rarely use them anymore. I first tripped on mushrooms and experienced a full ego death about ten years ago. That one trip created a butterfly effect in my art. Ever since then, I have not been able to stop drawing mushrooms, trees, and the natural, organic world that surrounds us.

IN WHAT WAYS DO YOU THINK THE EXPLORATION OF ALTERED STATES OF CONSCIOUSNESS CAN CONTRIBUTE TO THE BROADER ARTISTIC AND CULTURAL DIALOGUE?

I think altered states are integral to psychedelic art. But I don't think they're always needed to create and connect. Once you've tripped enough times, I think you just become the trip, man.



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{True Albino Teacher}



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PSILOLOQI VISIONS

Artistic extractions transmitted from beyond the 4th wall,
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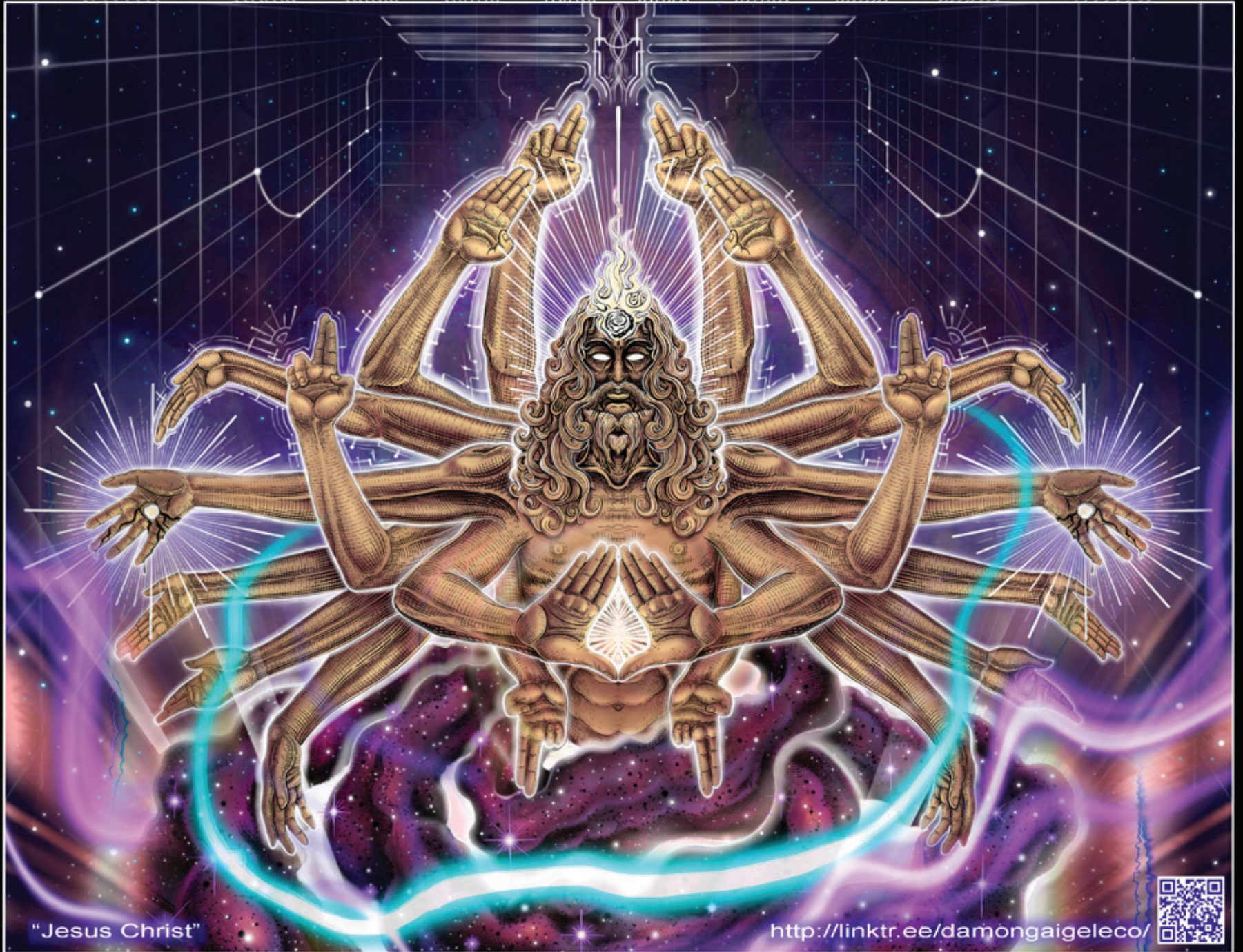
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EYEREALIZEUNITY



"Jesus Christ"

<http://linktr.ee/damongaigeleco/>



The Artwork of Eyerealizeunity, About the Artist Damon Gaige Leco. Damon's artwork embodies themes of higher-consciousness, exploration of the spirit and the soul's venture through life. The messages instilled into Damon's artwork are centered around the journey to one-ness or wholeness, and are often reflections of the personal discoveries on the path to obtain inner-peace and life's understanding. These visual expressions are one artist's attempt to reach life's ultimate goal: to know the purpose of oneself, life, and to know God through a direct connection. Damon pulls from everything sacred, from every cultural and spiritual tradition to propose a common thread of Unity among all of them.

Damon makes a variety of artwork utilizing traditional and digital mediums, working as a tattoo artist and commissioning fine-art. Favorite mediums include digital-painting from scratch, painting, colored pencil, charcoal, pastel, and he operates his own tattoo studio, **Eyerealizeunity Private Tattoo**. Damon is available for fine-art, graphic-design, and illustration commissions in his style. In addition, his tattoo books are currently open. **Insta @eyerealizeunity @dgl_tatts Eyerealizeunity.com**



"Pharaoh"
Artisan ERU
skateboard



"Thoth
the
Atlantean"
Artisan ERU
skateboard



"The
Reckoning"
Artisan ERU
skateboard



"Slaying
The
Beast"
Artisan ERU
skateboard



"Krishna"
Artisan ERU
skateboard



Fresh Tattoo

Magie
Mushroom
Wizard Frog,
per client
request,
custom

Full
Thigh



**Healed
Coverup
Tattoo**

Brahma,
Hindu
God of
Creation,
he who
brings forth
existence,
custom

Full
Thigh



An imagined
feminine
Buddha who
is balancing
the energies of
fire and water,
embodying
balance and an
all-seeing
presence,
custom

Full
Thigh



Custom
Hindu
God
Krishna,
the symbol of
love,
divine
wisdom
and play

Full
Side
Calf



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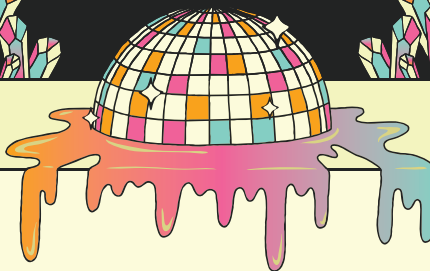
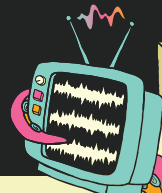
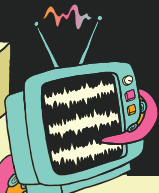
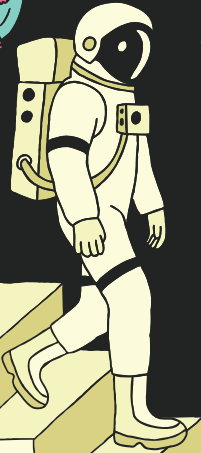
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THURS 06.19.25

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EAST FOREST ★ SNOW RAVEN ★ DAVID STARFIRE

DJ SET

ARCTIC BEATS

DENNIS WALKER ★ BLOOMURIAN ★ MAH ZE TAR

IS SUSHI COWBOY

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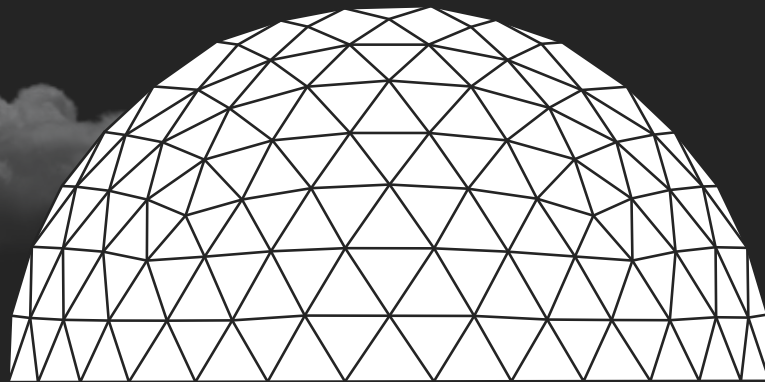
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In the early 2000s, I changed my major from Environmental Science to Religious Studies. At the time, I was filled to the brim with a hodgepodge of mystical information with no boundaries or filters. I had had some powerful transpersonal experiences—one in particular fueled by a perfectly timed large dose of LSD while I was immersed in my first reading of *Be Here Now* by Ram Dass. From there, I read a little of everything. I consumed books on chakras, Deepak Chopra, *The Celestine Prophecy*, *Autobiography of a Yogi*, Alan Watts, Carlos Castaneda, Chogyam Trungpa, two different authors channeling Pleadians... On and on I read, trying to digest the mystical experience that had transformed me. I went from an atheist to a full-on believer in just about anything that presented as Spiritual or implied that I was part of the New Age.

I thought a Religious Studies major would propel me on that path somehow. Would I learn the ultimate secrets of the universe? That was secretly the hope. Although I was introduced to a lot of great insights and loved the classes I took, what it actually did was turn me into a much more discerning skeptic.

REESTABLISHING THE FOUNDATION OF YOUR REALITY

A SCIENTIFIC MYSTIC'S APPROACH

by Jahmaya Kessler

THE [?] BOX: SKEPTICISM AND THE SCIENTIFIC MYSTIC APPROACH

Phenomenology, a research method used in Religious Studies, examines human experiences—including mystical ones—through objective observation. It attempts to allow subjective religious experiences to be studied scientifically. My first attempt at applying this? A disaster.

In my first paper, I cited a hodgepodge of sources such as many quotes from Deepak Chopra's *How to Know God* (which, in hindsight, was basically my sole proof that "God exists"). I got the paper back with a big, red C- and irritated writing in the margins. My professor metaphorically ripped it apart and seemed to imply my sources were garbage. I had stepped far outside the bounds of a scholarly religious paper.

That experience changed me. Religious Studies forced me to become a scientific mystic. I learned to be more analytical—to use more discernment with my sources, seek credibility, and filter out flimsy ideas. I started compartmentalizing my spiritual experiences into mental boxes labeled with a question mark [?].

Giant psychedelic trip where the stars turned into an ancient language? Put it in the [?] box.

A wild synchronicity that felt too precise to be random? In the [?] box.

Everything was a theory, a maybe, a fermenting idea that needed time before I would integrate it into my core beliefs. It allowed me to remain open while avoiding blind faith. I questioned everything.

THE PROBLEM: WHAT HAPPENS WHEN NOTHING LEAVES THE BOX?

"There are 2 ways to be fooled. One is to believe what isn't true; the other is to refuse to believe what is true." - Søren Kierkegaard

This approach served me well—until it didn't.

I realized that very little from the spiritual domain had actually made its way into my lived experience. I had accumulated years of profound insights but hadn't embodied any of them. When you habitually talk as if everything spiritual you have ever learned is a maybe, it never trickles all the way down into one's core values. Essential life wisdom never gets the chance to work its way into the soil of our bodies to fully grow, and blossom into a lived experience of the world.

But there's a balance to strike. There is real danger in walking too far on shaky philosophical ground.

Summon your worst cult story, or a religious tradition or belief system that was forced down your throat—or someone else's. We've all seen what happens when people blindly accept an idea as truth without testing it. That's how we end up with fanaticism, manipulation, and dogma. Furthermore, so many things benefit from marination, fermentation, and the culturing that occurs in that [?] box before they make up our inner fabric of ultimate truth. In all the mystery schools of the world, there is always an emphasis on going slow before moving forward with esoteric understanding.

Being a scientific mystic means being as sure as we can before taking the next step in how we perceive the world. There is a way to proceed into subjective areas of knowledge with stability and confidence. The key is knowing when to keep a belief in the [?] box for further study and when to take it out and stand upon it as lived reality.

EMBODIED TRUTH: THE DIFFERENCE BETWEEN KNOWING AND LIVING

You know the feeling. That "AHA!" moment. The downloaded insight that hits your entire nervous system like a lightning bolt:

- When a passage in a book sends tingles down your spine.
- When, mid-psychedelic trip, you know with every fiber of your being: This is important.

- When you're explaining something to a friend, and you suddenly feel a visceral certainty that what you're saying is true.

I've heard people describe this in many ways—intuition, embodied truth, somatic wisdom, gnosis, anthro-ontology. I like to call it gnosomatic wisdom—wisdom that's felt in the body, not just understood intellectually.

A 4-STEP PROCESS FOR LIVING WHAT WE KNOW

How do we take an insight from the [?] box and plant it deeply into the foundation of our reality?

STEP 1: IDENTIFY AN IMPORTANT TRUTH TO EMBODY DEEPER

First we need to identify a fundamental truth you think is important enough to be embodied in a way that could offer you something valuable if planted deeper into your foundation. You can never experience the fruits of a seed if it is never fully planted. What would be the benefit if this essential life wisdom became part of your philosophical soil? How might it blossom into a lived experience of the world? Find a truth you keep coming back to. One that, if fully lived, could transform the way you experience life.

Let's start with one I have learned and relearned many times that I imagine some of you can relate to: "It's all connected. All of it... us. We are all connected." I've lost count of how many times I have read something that points to this, or I hear this, think about this. My first "AHA!" moments were in psychedelics. Intense epiphanies that had me certain that the universe is connected. But then... back to work, to separation, to a dream of being separate again. No matter how profound the realization, it takes work to allow these truths to remain part of our foundation of reality. So into the [?]Box it went. But the seeds were sown and now they just need water. Over the years I watered these seeds with lots and lots of books.

STEP 2: DO YOUR RESEARCH

In Religious Studies, we were taught to cite original, well-accredited sources and to be wary of those with strong agendas. Look for voices that don't insist their way is the only way.

Oneness is easy to research—it's a core teaching across spiritual traditions: Hinduism (Brahman), Buddhism (Aikyam), Taoism (Tao), Sufism (Tawhid), Christian Mysticism (Union with God), Sikhism (Ik Onkar), Indigenous and Shamanic traditions (Animism), Neoplatonism (The One), Kabbalah (Ein Sof), Stoicism (Logos), Hermeticism (As Above, So Below) and many more. That's a statistically significant pattern. But which version resonates with you? Which teachers articulate it in a way that aligns with your lived experience?

Why stop at religious texts? Some of the greatest discoveries in quantum physics point to the same truth. In 2022, the Nobel Prize in Physics was awarded for experiments proving quantum entanglement—a phenomenon where two particles, once connected, remain linked instantly across vast distances. Change one, and the other changes, even if one is on Earth and the other on the Moon. Einstein called this "spooky action at a distance."

This discovery defies conventional thinking, showing that connection isn't limited by space or time—a bond beyond the physical. Many physicists who study this start sounding a lot like mystics:

"Quantum physics thus reveals a basic oneness of the universe."
— Erwin Schrödinger

"Ultimately, all moments are really one, therefore now is an eternity."
— David Bohm

"A human being is part of the whole... he experiences himself as something separated from the rest—a kind of optical delusion of his consciousness."
— Albert Einstein

Science and mysticism may be speaking the same language after all. And speaking of language...

STEP 3: HAVE LIVE CONVERSATIONS WITH REAL PEOPLE

Research alone won't make something real. You need dialogue.

If you're reading this, you probably aren't surprised by how many psilocybin journeys end with: "Oh my god, we're all connected!" Given that mycelium itself embodies interconnection, it makes sense this realization is so common.

Test the idea. Talk about it. Start with a "safe" friend or a community that resonates. These conversations help refine, challenge and reality-check your understanding. These important conversations can help you fine-tune and reality-check all this content you've been holding on your own. There is no substitute for having live conversations with peers about these essential ideas you're marinating on.

You will likely come out of these conversations changed. In some cases I found myself doubling down on a disagreement, but in others, I have walked away with very important ideas I hadn't considered. Even in disagreement, consider what might need to be fine-tuned, wording, approach, and/or the concepts that may be triggering. Without conversations and only research on mystical ideas, you may find yourself hiding in a basement with a tinfoil hat in a circle of crystals to be safe from the alien signals.

STEP 4: CREATE EXPERIMENTS AND TEST IT

"Do not believe in anything simply because you have heard it...But after observation and analysis, when you find that anything agrees with reason, then accept it and live up to it." - Buddha

Alright... so we've had this experience (OMG IT'S ALL ONE!). Then we did our homework (I've got around 20 traditions and quantum physics to back me up!) and then we've also had some conversations about it to fine-tune and test what we've learned ("yeah bro, totally had that experience")... Now we're ready for the last step, to create experiments. Test your hypothesis in reality. Creatively explore this idea and test what it would mean to live it as a foundation. Take it from the [?] box and put it into a foundation you live your life from.

Experiment: Take this concept from the [?] box and turn it into something you actively live by. Test what happens when you stop treating oneness as an abstract idea and start embodying it.

The Hypothesis: If all beings are connected—if we are truly ONE—then every action should ripple through the whole. Living as if this were a fundamental truth should increase compassion, empathy, and synchronicity while reducing judgment, separation, and fear.

EXAMPLE 1: OBSERVE WITHOUT SEPARATION

For one full day, practice looking at everything and everyone as an extension of yourself. When you interact with someone—friend, stranger, or political nemesis—silently acknowledge:

"This is me, in another form" or, as Ram Dass says: "And I am that too."

Notice how this shift affects your conversations, your patience, and your emotional responses. Do people respond differently? Do you?

EXAMPLE 2: EXTEND RADICAL KINDNESS

Choose three people at random and extend unexpected kindness to them—without expecting anything in return. This could be:

- A deep, engaged conversation where you truly listen.
- Helping someone without hesitation.
- Offering forgiveness or understanding where you normally wouldn't.

What happens? Do you feel more connected? Do others seem affected by the shift?

EXAMPLE 3: EXPERIMENT WITH SYNCHRONICITY

Before starting your day, set an intention:

"If oneness is real, let me see evidence of it today."

Then, pay attention. Do you notice moments of unexpected connection? Meaningful coincidences? Do people seem more open? Does the universe "respond"?

At the end of the day, reflect:

- **Did embodying oneness change the way you felt?**
- **Did your interactions feel different?**
- **Did unexpected moments of connection or synchronicity arise?**

If so, you may have just taken oneness from an abstract idea to an embodied truth. Now the real question: What happens if you do this not just for a day, but for a lifetime?

CONCLUSIONS

That was just one [?] box. Consider other experiences where you gained gnosisomatic wisdom. What happens when you take the leap and incorporate these important values and beliefs into the foundation of your life, perception and action. Here is the cliff's notes version of 3 more:

- **If you are still digesting that last psychedelic trip, and realized "reality was like a dream" - consider looking up Superposition, reading about Maya, and then considering what it actually means to live your life from that belief.**
- **If you've ever experienced timelessness or that time was illusory, have you explored how many times that's been said before? Ever studied Quantum Block theory? It implies that time is actually more like a landscape that we could move about on. What would it mean in your day-to-day life to conceive that past and future are potentially happening NOW?**
- **If you received communication from another being and they told you how to live your life, you might consider that most of the world's traditions believe this has and continues to happen. And then we have String Theories multiple dimensions which leads to endless possibilities. If that communication is actually possible, what would it mean to try out talking to guides and other beings a bit more (and learn from some of the teachers out there before you go too far).**

Consider what might help you integrate the insights from your own [?] boxes into a solid foundation for your life. By embracing and embodying your own gnosisomatic truths, you may not only transform your own life but also contribute to the world in more impactful ways than you realize. It seems the world could benefit from us taking significant leaps forward at this moment. At some point, we have to stop just thinking about it. We have to step forward. Not with blind faith, but with the courage to stand upon what we know deep in our bones. Perhaps it's time to open those boxes you've been cautiously guarding and let their contents illuminate your path. The world doesn't need more theories—it needs people willing to live them.

Step 1: Identify an important truth to embody deeper.

Step 2: Do your research

Step 3: Have live conversations with real people.

Step 4: Create experiments and test it.



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THE PSYCHEDELIC

Edge of Fitness

by Jacqueline Norfolk

Have you ever tried microdosing before hitting the gym or doing something active? Or maybe the thought crossed your mind that a tiny dose could give your workouts a mental and physical edge?

Microdosing and fitness might just be the underrated combo that helps you stay consistent and crush your fitness goals. It's not just about boosting physical performance; it can shift your entire mindset around training. For me, microdosing has not only improved how I perform in the gym, but it's also elevated my overall experience with working out and opened up new ways to move, train, and push myself. And no, I'm not talking about taking a full-blown psychedelic trip where the squat rack turns into a transformer and you're melting into your gym mat. I'm talking about a microdose of psilocybin: subtle, intentional, and powerful in all the right ways.

I started microdosing with approximately a fifth of a gram, typically between 120mg to 220mg. At 135 lbs, a little goes a long way for me. I've been microdosing consistently for over seven years now, and it's become a go-to part of my routine before almost any kind of workout or physical activity.

It's done more than just elevate my fitness. It has inspired me to step way outside my comfort zone. From competing in my first novice bikini competition, to joining circus school for aerial silks, to riding a double black diamond my first snowboarding season. Microdosing has played a quiet but powerful role in all of it.

It even sparked the creation of MycoFit, my own business that blends fitness, microdosing, and functional mushrooms to help people enhance both their physical and mental well-being. I've worked with many clients and, time after time, they've experienced real transformations through the synergy of microdosing and movement. But before we dive into the mind-altering details, let me take you back to the beginning of how I started this journey, and how it changed everything.

Growing up, health and fitness weren't really a part of my upbringing. I can remember being just six years old, already feeling self-conscious about my body and honestly, I was chubby. My mom, who had naturally petite genes, didn't quite know how to support me. Her solution was to encourage me to eat less, but that only added pressure without offering real guidance.

As I moved into adolescence, I began to internalize a negative body image. I was convinced that I'd always struggle with my weight because of my Latina and Italian heritage. It felt like my genes had already written the story for me.

But somewhere along the way, I realized that narrative didn't have to define me. In fact, it became the motivation I needed to rewrite my own story, one rooted in strength, self-awareness, and empowerment.

That mindset eventually pushed me to begin my fitness journey about 14 years ago. I threw myself into everything from lifting and boxing to running, yoga, climbing, and jiu-jitsu. But despite the variety, I struggled to stay consistent. I'd fall into cycles of burnout,

long stretches of stagnancy, or relapse into old eating habits.

Back then, fitness felt more like a chore than a passion. It wasn't always enjoyable, and my negative body image lingered. I constantly felt like my goals were just out of reach, like no matter how hard I worked, I'd never quite "get there." Sometimes, those stagnant phases would last nearly a year.

It wasn't until about six years ago that things really began to shift. That's when I started showing up with true consistency not just in my workouts, but in how I approached movement, mindset, and overall health.

SO, WHAT CHANGED? MICRODOSING PSILOCYBIN.

It started with me taking a small dose before lifting and suddenly, my brain began to process workouts in a completely new way. It felt like I was in an adult jungle gym, exploring movement with a sense of curiosity and play I hadn't felt in years. The gym felt alive again. It was like I was experiencing it all for the very first time.

The best way I can describe it is the "snow globe effect." Imagine your thoughts and neural patterns getting gently shaken up not in a chaotic way, but enough to let everything settle into a fresh perspective. That's what psychedelics can do: subtly recalibrate the brain's pathways and unlock new ways of seeing both your inner world and your physical reality.

At the gym, microdosing allowed me to get more creative. I broke free from the repetitive routines I'd been stuck in and felt drawn to experiment trying new machines, exploring new exercises, and tuning in more deeply to how my body moved. More importantly, my relationship with my body began to shift. I started to appreciate and embrace my figure telling myself, "A lot of people wish they had these curves. Own it."

Working out stopped being a chore and started becoming a privilege, something I chose to do, not something I had to do. Music felt richer, more immersive. I connected with each movement, isolating muscles with a new kind of focus and intention.

It wasn't just me noticing the benefits of microdosing; it's quickly becoming a hot topic within fitness communities and performance circles. As the conversation grows, so does the research.

Emerging studies suggest that microdosing during physical activity may support improved blood glucose regulation, enhanced cardiovascular function, better VO max, and increased muscular endurance.



Beyond the physical, it's also been linked to sharper focus, heightened motivation, a stronger mind-body connection, and a deeper sense of enjoyment and presence during workouts. What once felt experimental is now gaining real traction and the potential is only beginning to be understood.

Microdosing psilocybin didn't just spark creativity in the gym, it started to unlock it in every area of my life. It felt like I had finally cracked the fitness code, and suddenly, the idea of movement wasn't limited to gym walls anymore. For the first time, I gave myself permission to explore all those fun, adventurous activities I'd always dreamed of but held back from actually doing because of self-doubt, low energy, or a negative body image. I wanted to hike more. I wanted to really experience Colorado the way it's supposed to be. I mean, let's be real that's part of why so many of us move here, right? Sure, the weed and mushrooms are great, but the real dream is about tapping into the magic of the land.

From jaw-dropping hikes to taking on the legendary Manitou Incline, microdosing became the boost that pushed me to go that extra mile, literally. It lit a fire in me to reconnect with nature and develop a genuine passion for the outdoors.

One of the first things I did was buy a kayak. I had this vision of myself on a microdose, just floating peacefully across a lake or river, completely in sync with the water and the world around me. One of my first microdosing adventures took me to Lake Dillon. And let me tell you the views were immaculate. On a micro, the mountaintops looked extra crisp, almost surreal. Each ridge and crevice had this amplified texture, like nature had been dialed up to Ultra 4K. I couldn't stop soaking it in- just me, the water, and the mountains.

I circled most of the lake, totally vibing... until I decided to cut through the middle of the lake to head back. Big mistake. The middle of Lake Dillon? Super choppy. Out of nowhere, waves started tossing my kayak around, and I had a mini panic attack thinking I was about to get swallowed whole. But I made it through, using breathwork and positive affirmations to calm myself and stay grounded. It was intense, but it was also a turning point. Every time I experienced the outdoors on a microdose, I felt more alive, more connected. That's when it really hit me, this is what I live for. By my fifth year in Colorado, I knew it was time; time to finally commit to snowboarding. I'd gone a handful of times, even taken a lesson or two, but I'd never fully thrown myself into it. At some point, I had to ask myself: Can I really call myself a Colorado girl if I haven't mastered the art of carving? Yeah... I think you know the answer to that.

November 2023, I geared up: grabbed the Epic Pass, bought a trippy smiley-face snowboard, and slapped some mushroom stomp pads on it. I had a mission. I wanted to microdose and look down at my board, giggling to myself. I was fully branding myself as the "mushroom girl" about to dominate the slopes.

Of course, when I first hit the mountain, I was awful. I went with a crew of super advanced snowboarders, and let's just say it made me look like a total beginner.

I ended up getting butt pads because I was falling on my ass so much. Even with all the wipeouts, I was determined to push through. The soreness was real, though. I started cold plunging to cope with the pain and even added knee pads to the mix.

Still, I wasn't fully confident about mixing microdosing and snowboarding because safety always comes first for me. That's when I decided to take two days of lessons with a local instructor, and that completely changed the game. I quickly mastered toe-side turns and started falling way less. I was finally ready. It was time to microdose and take the slopes by storm.

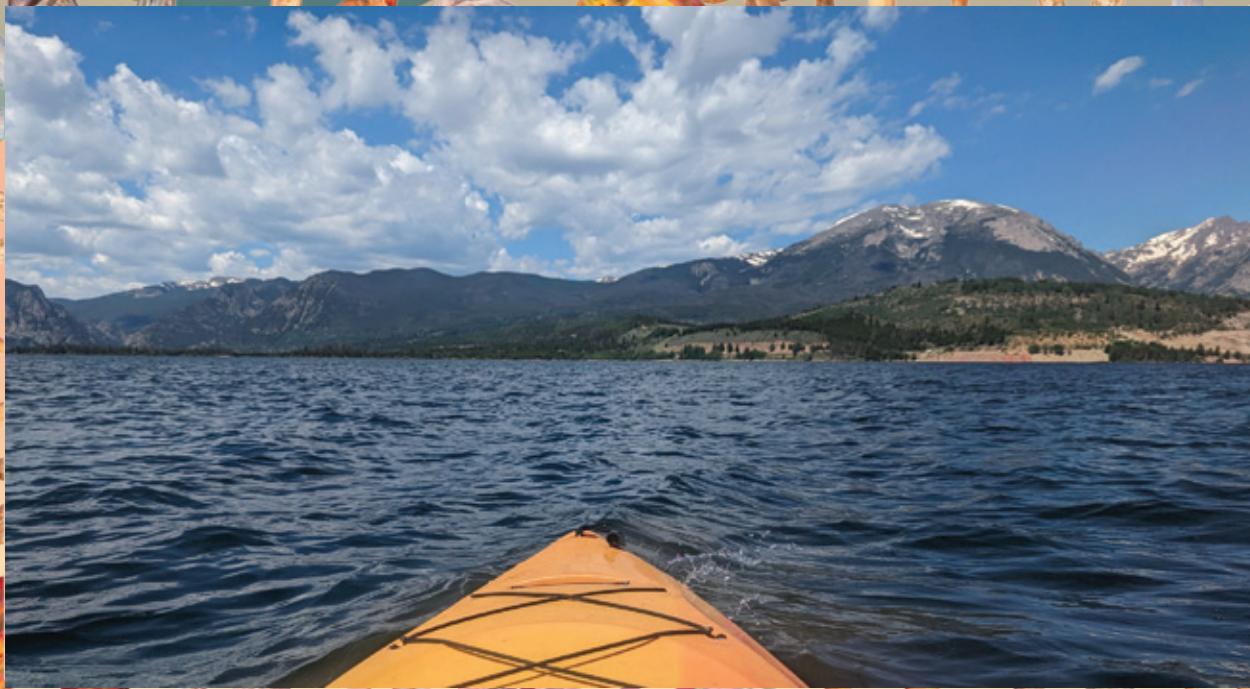
My first day at Steamboat Resort was hands down the best day of snowboarding I've ever had. I took 220 mg of APE (Albino Penis Envy), and we had driven through an avalanche warning the night before. But the snow gods were on our side, blessing us with two feet of fresh POW. It was a chilly -3°F that morning, but I couldn't stop grinning from ear to ear. I had never seen that much snow in my snowboarding life. The powder was magical. I was high on the snow and the micro. The landscape was alive with the most stunning colors; the snow shimmered in a kaleidoscope iridescent hues, glowing like something out of a dream.

I'd heard Steamboat was famous for its "champagne powder," known for being ultra-fluffy and forgiving, and I was about to find out just how true that was. My friend convinced me to take on my first black diamond, and I was so game. I fell a few times, but each wipeout just made me giggle because it felt like I was landing in a cloud of snow and rainbows. If you've never tried it, fresh powder is way more forgiving than hard-packed snow. The falls are softer, and the learning curve feels much less brutal.

It felt like I was in a real-life video game, totally immersed in the experience. I felt so connected to my body, my board, and the terrain, letting the mountain guide me down. It was like I was flying, weightless, floating down the slopes... though, that might've been the microdose talking. That kind flow state reminded me of just how powerful the synergy between microdosing and movement can be.

Are you feeling stuck in a rut with your fitness routine? Or maybe you're ready to feel unstoppable? Then I think pairing microdosing to your fitness routine may be exactly what you need to reignite your motivation. It's not for everyone, but I can say with confidence that the majority of my clients have seen incredible success. I'm driven to coach and inspire others to push past their limits and achieve their fitness goals, making the journey fun, empowering, and built to last.

Throughout these experiences I've discovered that true healing happens when the body and mind work together in harmony. Microdosing and movement can be a game changer to your success. Through physical training, you can learn the art of mental training. It's fueled not only my physical growth, but also seven powerful years of entrepreneurship. I've seen the transformation in myself as well in my clients. Now just imagine what it could unlock for you.



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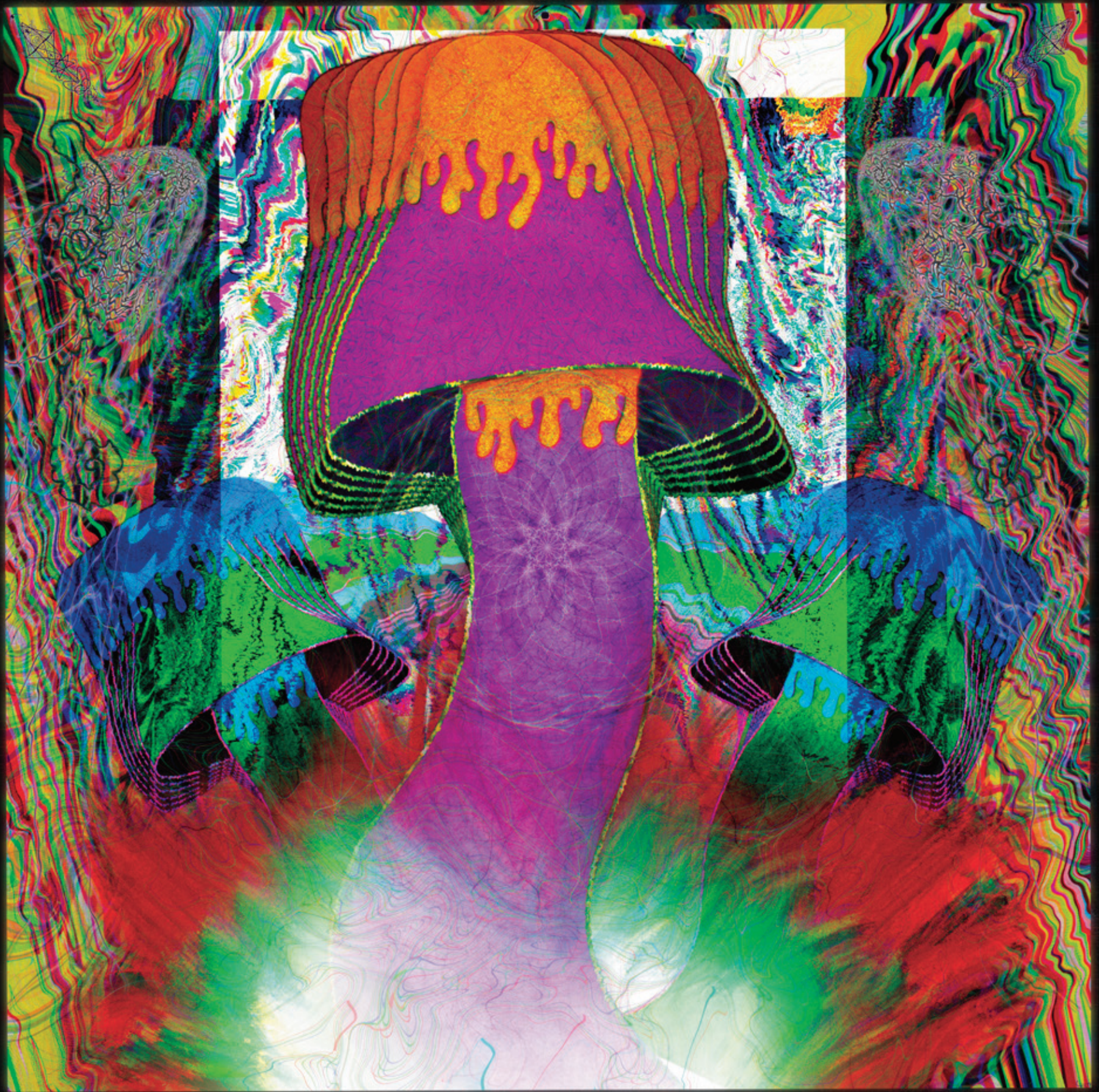
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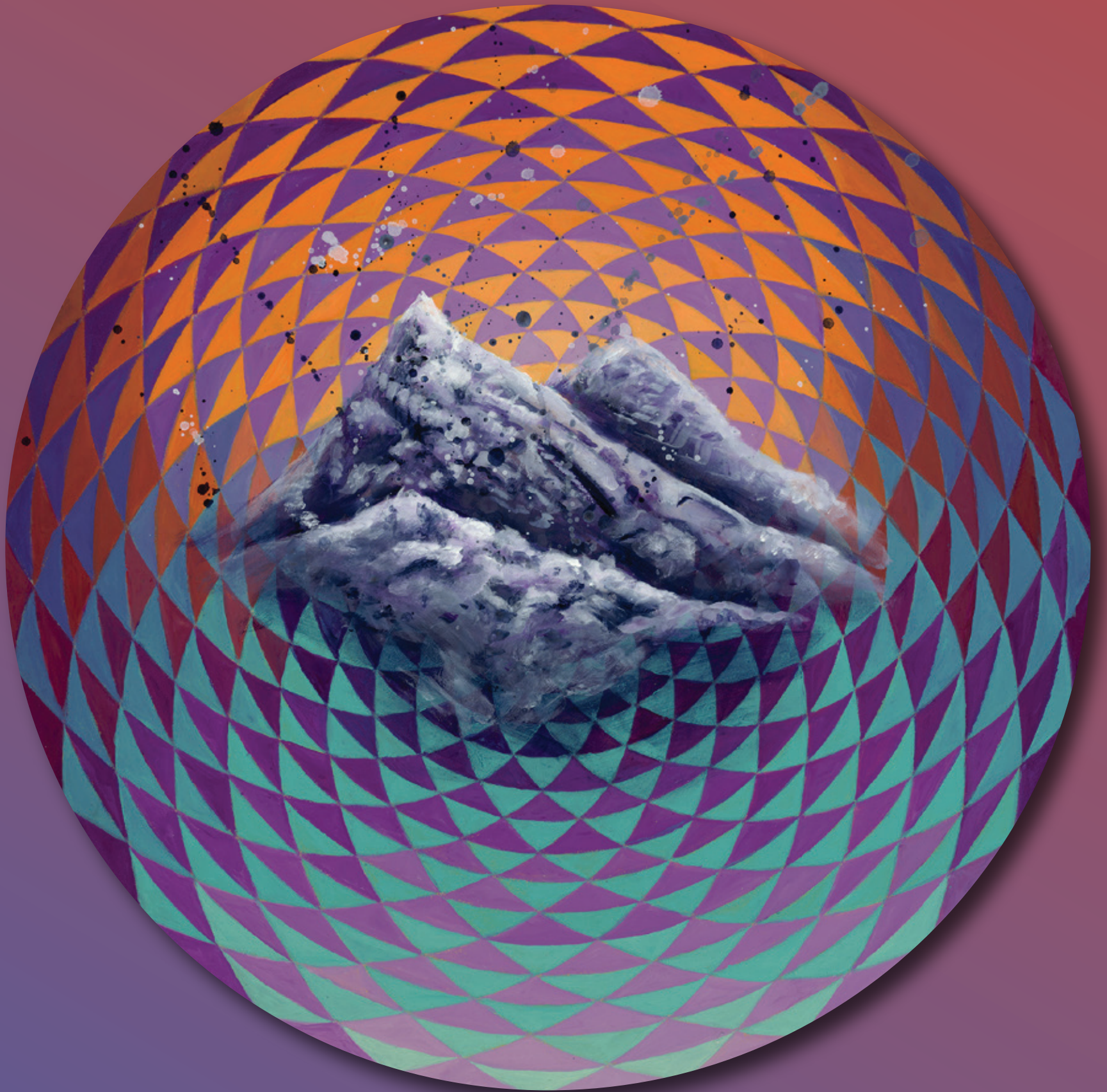
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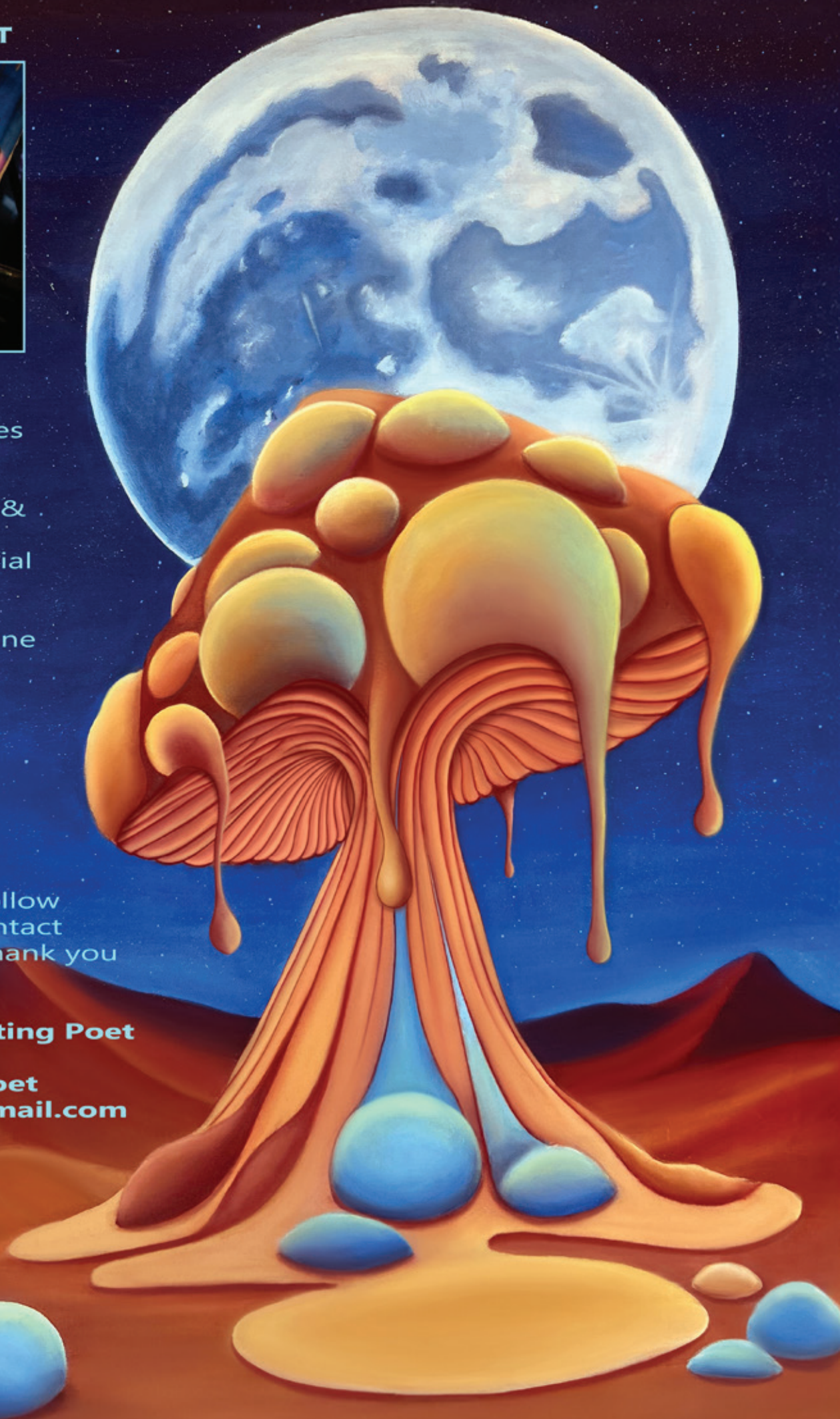


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tipper
MUSIC

His sets are not just performances—they're elite sensory installations. And always on Funktion 1's. Dave and his team will pick out a precise funktion system that will be best suited & tuned to the venue.

Most tracks played live are rebuilds and edits of something you might've heard before and will likely never hear again. Each set is a handcrafted unicorn of sound, playing 60% unreleased music every single set. If your ears are sharp enough, you might catch a transition or hear him scratching over a chorus in a way that makes the whole crowd yell, "GET IT, TIP!" like they just saw a man juggle fire and solve a Rubik's Cube at the same time.

The crowd at a Tipper show is a whole ecosystem. Some are dancing like they've trained in capoeira their whole lives. Others are just vibing out to a hi-hat. And then there's the classic "Tipper freeze"—people standing completely still, eyes wide, with hands on their heads like someone just told them their pet learned to speak fluent Sanskrit. That's my favorite to see. I stand somewhere between that and capoeira.

Tipper's influence spans beyond sound. He's known for collaborating with visionary artists such as Android Jones and Alex Grey, forging unforgettable audiovisual experiences that linger in the minds of attendees long after the final bassline fades. Visual performers like Dro1d, Datagrama, and others help bring his soundscapes to life with mesmerizing

imagery, creating an all-encompassing journey through sight and sound.

What truly sets Tip apart is his meticulous attention to detail. Every set is custom-built for the moment, often containing original edits and one-off versions of tracks never to be heard again. If you're lucky—or incredibly perceptive—you might catch a seamless transition between tracks, or starts scratching cuts of a certain sound to reinvent a track mid-performance. It's not just DJing; it's alchemy & anarchy.

Despite his legend status, Dave Tipper remains remarkably humble. In over 30 years of performing, he's only spoken into the microphone a handful of times. The silence, ironically, speaks volumes. His connection to the audience isn't through words—it's through the vibration of subwoofers, the flicker of fractals, and the shared magic of the moment.

If earth is ever invaded just send Tipper into space with a funktion 1 Vero VX to do a set with earth as the back drop. We will be just fine!

His music moves from primal to beautiful. One night you're transported to a shadowy forest of bleeps and creeks, tribal drums and fluently fun bass lines. The next you're feeling like a swaggering alien in high-tops cruising down a sun-drenched coast in a lowrider with your crew. It's whimsical, it's ambient, wild, and completely Tipper.

A Tipper set is precisely one hour long. No more, no less. But in that fleeting hour, something otherworldly happens. But in that fleeting hour, something otherworldly happens. Whether it's ambient downtempo, glitchy "Tip Hop," tribalistic midtempo, frenetic uptempo, heavy bass, or the elusive "Angry Dave" style, the outcome is always the same: collective awe, mouths agape, and the inevitable question—"WHAT DO NOW?" Which MAY or may NOT be the reason his logo is the infamous "?".

We're unsure if he's human; however he is for sure a sonic architect. For over three decades, he's carved out an entirely unique space within the underground bass scene. With a sound that defies traditional categorization and a commitment to pushing audio boundaries, he has earned the respect of both diehard audiophiles and psychedelic dreamers alike.



Phish

By Anne Quilter

There's a sense of surrender in both a Phish show and a psychedelic trip. You're not in control, and that's the point. Whether they're stretching a "Tweezer" into a 35-minute odyssey or dropping a surprise "Ghost" into the second set, you learn to let go and trust the flow. That sense of letting go—of ego, of expectations—is core to both experiences. I first found out about the band from my cousin Jake Q, over 20 years ago. Fast forward to 60 plus live shows now, I've felt that surrender in waves: on the rail, raging the field or stands section, in the lot, lying on the lawn under the stars.

Since their formation in 1983, the Vermont quartet—composed of Trey Anastasio, Mike Gordon, Jon Fishman, and Page McConnell—has grown from a quirky college jam band into a cornerstone of the modern music experience. From the beginning, Phish embraced the idea that music was more than entertainment—it was a shared ritual. Inspired by the Grateful Dead, Phish carried the torch into a new generation blending genres like rock, funk, jazz, and progressive rock into sprawling jams that could last 20 minutes or more. Each performance is unique, filled with surprises, inside jokes, teases, and unexpected setlist choices. The band never plays the same show twice, making each concert a completely unique experience.

Phish shows have become gathering places for people seeking a heightened sense of connection. Much like the Grateful Dead before them, Phish has fostered

a traveling community of fans who follow them from show to show, creating a nomadic subculture that thrives on freedom, self-expression, and collective joy. "Shakedown Street" or "Phish Lot" is a vibrant, informal marketplace and meeting space outside venues. It's where new friendships form, where artists display their visions, and where the boundaries of straight society dissolve into colorful, chaotic expressions. Vendors sell grilled cheeses, bootleg band merch, handmade tie-dye, jewelry, crystals, and more. The lot also serves as a place of healing and experimentation.

In April 2024, Phish made history by performing a four-night run at the Sphere in Las Vegas as the only second band ever to play there. These shows were a watershed moment not just for the band but for live music experiences. I personally attended the first two nights, where fans were treated to custom designed visuals that synchronized with the band's jams—massive, mind-bending animations that enveloped the audience, blending sight, sound, and feeling optimized from the seats into something truly transcendent. That was the most insane "Split Open And Melt" I have ever experienced! It was, in many ways, the physical realization of what Phish has always stood for: the fusion of community, music, and expanded consciousness.

Some of Phish's most iconic songs—like "You Enjoy Myself," "Divided Sky," "Bathtub Gin," and

"Character Zero"—are more than just fan favorites; they are launching pads for improvisational journeys. "You Enjoy Myself," in particular, is legendary for its complex structure and wild midsection that often turns into a completely different musical landscape. These songs act as scaffolding for transcendent experiences, where both the band and the audience move as one through soundscapes that can feel otherworldly.

Moreover, Phish's embrace of self-sufficient touring strategies, fan recordings, and online streaming has allowed their music to reach a global audience, spreading their ethos far and wide. Their ability to bring together people from all walks of life under a common love for music and exploration embodies the ideals of Psychonauts. There's an unspoken understanding between those who are "dosing," those who are "sober but tripping on the music," and everyone in between. The vibes are high, the community is supportive, and the energy is electric.

Phish is more than just a band; they are a movement, a subculture, and a vessel for ongoing exploration. Their songs, live performances, and devoted following have made them one of the most influential acts still touring. Through their ever-evolving sound and commitment to artistic freedom, this band continues to inspire generations of fans to embrace the boundless potential of the human mind. "We want you to be happy, 'cause this is your song too."



dirtwire

by **Ryane Grant**

Photo by Sam Silkworth

Ever stumbled upon a sound that feels like the Earth is humming through your bones... vibrating with the same connective intelligence as mycelium? That's Dirtwire for you!! Once a trio and now often a shape-shifting duo, Dirtwire doesn't just play music, they channel the very pulse of the planet. Mushroom style. Quite literally. Their genre-defying blend, often dubbed "swampronica" or "electro-twang," is a testament to their commitment to weaving ancient rhythms with modern beats. (I'm into getting ancient and shwanky.)

Dirtwire is David Satori, Evan Fraser, and Mark Reveley, three sonic shamans blending strings, beats, and breath into ritual. Each one channels a different element, and together? Full-spectrum mushroom magic.

It's been both quoted and confirmed... these mystical musicians write their songs while journeying with the sacred mushroom. And you can feel it. The connection runs deep, honest, and alive. Their song "Mycelium" is a testament to the fact that these wizards bring people together. "Mycelium" isn't just a track, it's an underground transmission from the fungal internet straight to your nervous system.

I remember the first time they pulled me on stage, it wasn't just a performance; it was a ritual. At their

inaugural DirtFest at the Mishawaka Amphitheater, with 1,100 souls gathered each night, I spoke about the importance of mushrooms, not the kind you toss on a salad, but the ones that open doors to other realms. The audience wasn't just listening; they were feeling, experiencing, transforming.

Dirtwire's reverence for the sacred is evident in their music, notably in their album *Electric River*, which pays homage to María Sabina, the Mazatec curandera who introduced psilocybin mushrooms to the Western world. The album cover features her image, and the track "Sabina" is a sonic tribute to her legacy. (Let's just say if María heard it, she'd probably get in the groove...)

Dirtwire's creative process is inseparable from psychedelics, particularly psilocybin mushrooms. Their album *Electric River* dives headfirst into this sacred relationship... exploring how these fungi influence their musical journeys. It's not about getting high; it's about tuning in, aligning with the Earth's frequency, and translating that into soundscapes that resonate with the soul.

Their instrumentation is as eclectic as their influences. From the West African kamale ngoni to the Siberian ghost catcher mouthbow, they seamlessly blend global sounds into a cohesive

auditory experience. Each instrument tells a story, each note a whisper from the ancestors.

But beyond the music, it's their mission that stands out. They honor Indigenous lands, collaborate with Native American musicians, and use their platform to both educate and inspire. Their performances are less about entertainment and more about connection, bridging the gap between the ancient and the modern, the seen and the unseen.

In a world that's increasingly disconnected, Dirtwire serves as a reminder of our roots. They invite us to listen, not just with our ears, but with our hearts. To feel the rhythm of the Earth, to dance with the mycelium, and to remember that music, at its core, is a sacred act.

So, next time you find yourself swaying to their tunes, know that you're not just at a concert. You're part of a ceremony, a celebration of life, sound, and the magic that happens when we let the mushrooms lead.

So eat some mushrooms, put on some Dirtwire, and feel the connection, within yourself, with each other, and with this wild, beautiful planet.

And, if you ever have a chance to sip a cup of mushroom tea with these boys and chill, do it!



BILLY STRINGS

by James Toothman

Photo by Sam Silkworth

In 2025 America the only thing more psychedelic than Billy Strings is a bag of magic mushrooms. Want proof? Sure. To begin with, Billy is the acting Godfather of bluegrass in the psychedelic Jam world - he's the next Jerry Garcia. Yeah, I said it, and not because he sold a bunch of records and won some awards either. Sure, he's a two-time Grammy award winning artist, but who gives a damn what the common folk think. Billy is respected by the likes of Bob Weir, Les Claypool, and Trey Anastasio. All three of which comprised the wedding band when Billy got married. I mean, this dude also borrowed Ringo Starr's private plane when he needed to get to the hospital for his first child's birth. Ringo Starr! If that's not enough, he's also been invited to share the stage with the String Cheese Incident, and believe it or not, TOOL.

Now I know what you're thinking, and sure, if you pick up one of his records it may seem like plain old bluegrass, modern versions of hillbilly classics, but then again, a sheet of "white on white" Owsley acid seems a whole lot like a plain old piece of paper too. So, allow me to explain.

Musically, Billy is far from traditional, although he beautifully maintains a clear connection to the roots of Bluegrass, he is not afraid to take listeners on a journey, particularly in a live setting. The journey may start out with pure down home pickin' - pure as mountain liquor - with no effects, no distortion, just an acoustic guitar, a banjo, a mandolin, a stand-up bass, and a fiddle, but he can send you into outer space quicker than a rocket ship when he starts stomping on his guitar pedals. From Bill Monroe

to a 10 minute long, Pink Floyd-Esque interlude and back, all before anyone realizes what's happening.

If you ask me, that is what makes Billy so psychedelically powerful, so mind meltingly entertaining. Well, aside from his God-like ability to play guitar. While keeping one foot steeped in tradition, Billy Strings delves into Rock, Modern Pop, Country, and Metal, allowing him to reach an audience much broader than that of the traditional Bluegrass picker. Broader to the extent that Willy Nelson, of all people, knows his name.

And if I haven't convinced you of his psychedelicness yet, let me say this - look at a picture of Billy next to a young Kathy Bates and tell me that shit doesn't trip you out.



MESHUGGAH

by **Anthony Sabia**

Photo by Shannon Ridge

It is impossible to leave this band off of the list once you become familiar with their catalog. With tracks names like Closed Eye Visuals, Pineal Gland Optics and Kaleidoscope, there is no mystery behind the massive influence that psychedelics has had on this band. There is a full spectrum of musical tastes within this list. Many of those artists have composed beautiful pieces of music that stimulate the senses and bring different worlds together in eternal harmony. Meshuggah is the exact opposite of that. This is a band that generates enough force to split any planet in half and melt the stars as it screams past them like an electrified comet.

Formed in 1987 in the metal-crazed country of Sweden, they spent their first few years honing their unique sound. I remember finding out who they were during my Junior year of high school in 1995. However, it wasn't until their current lineup came together and released the album called Chaosphere in 1998 that they finally began to find their trademark sound. Once their next release dropped in 2002 called Nothing, the transformation was complete. They had developed a seemingly mathematical formula

of raw simplicity and divine complexity, which was then divided between the 5 members that comprise the band. They continue to do it so well that they have separated themselves from every single other band that has ever existed.

Meshuggah is comprised of a talented group of jazz influenced musicians that all take their craft very seriously. Everything about this band is percussive, even the vocals! They started playing custom 8 string guitars on the album Nothing and that added so much to the heaviness and brought a new dimension to the low-end sounds that they generate. The guitar solo's are literally from another dimension. It sounds like Morse Code for aliens. Crazy finger-tapping that is literally all over the place at times is what you routinely get from this band in regards to a solo. When I was just finding out who they were, the solo's were some off the hardest things to comprehend. They almost make you disoriented, or have you feeling like you are free-falling into the next dimension. Yet at other times it seems so simple. Frederik Thordendal is truly one of a kind and my first choice to communicate with aliens if they want to have a sit down.

Tomas Haake is the other band member we'll mention, because he is truly the key to understanding what this band is doing. The polyrhythmic assault he puts on the drums is baffling at times, as he batters anything within his reach. Yet throughout the entire percussive assault that your body and mind will be put through, there is something that you can count on to be there as your trusted guide to follow. The simple 4/4 count that seems to be prevalent during the vast majority of the bands catalog. Once you lock into it, the complexity of the music disappears and you're able to nod your head like you're listening to AC/DC. That has been the magic formula for decades, and there is no end in sight.

Meshuggah is more relevant now than at any point in their career. Their live show is right up the alley of any seasoned psychonaut, with a light show falling far more into an EDM concert than a traditional metal show. Faces are routinely melted over the course of their 90 minute set. Next time they roll through your town, eat some shroomski's and go see them with your own two eyes!



KNOTTY RAINBOWS



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KEEP IN TOUCH



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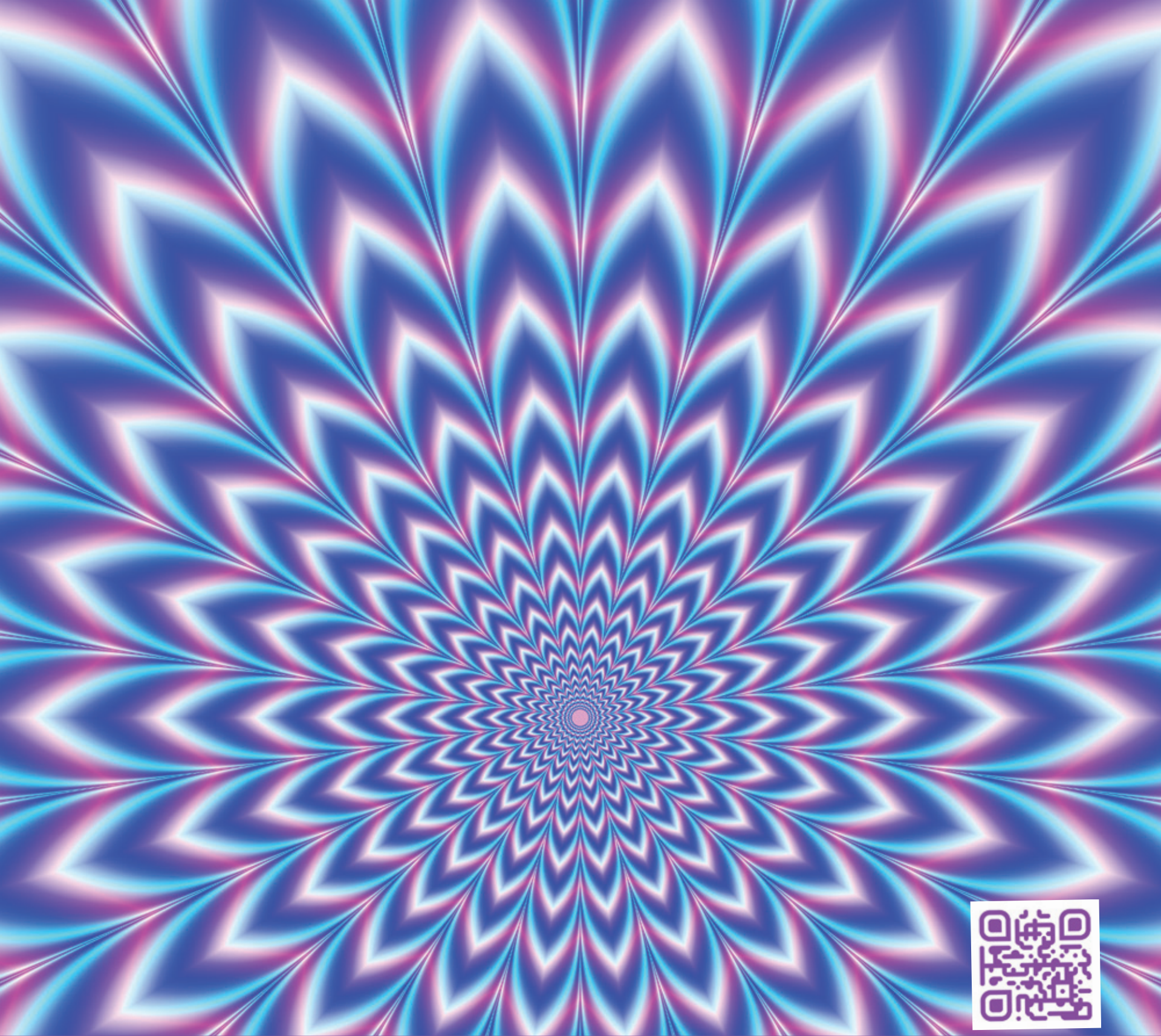
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m e d i c i n a l

Premiumn infused Chocolates





The objectives of the Psychedelic Club of Denver are compassionate harm reduction, balanced and evidence-based education that promotes cognitive liberty, integration that leads to benefit maximization, and engagement that destigmatizes substance use. Through these pillars we will uphold and develop the space in an effort to make it accessible to all. With these actions we liberate ourselves and others from the failed drug war and facilitate healing within the community.



PSYCHEDELIC
— CLUB —
DENVER

Psychedelic Club of Denver aims to create a safe and inclusive environment within the psychedelic community. We strive to serve the people through mindful relationships, reciprocity, and exploration. Upholding the legacy of psychedelic clubs past and present, we foster open discussions to explore and integrate entheogens and other substances.

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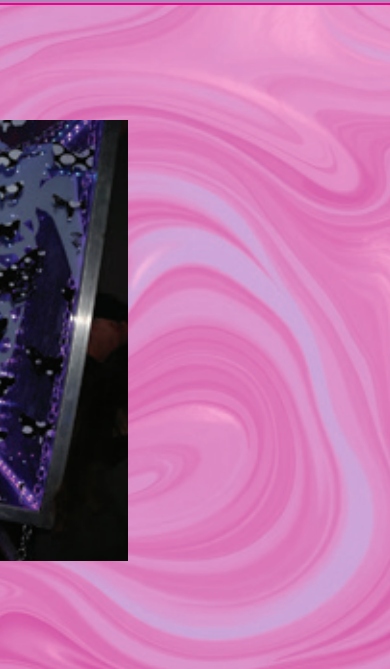
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Looking Back



Past Events



VALENTINES SHROOMSKI NIGHT WAS A COMPLETE VISUAL OVERLOAD! AMANDA SAGE TOPPED THE BILL AS HER AND 8 OTHER ARTISTS LIVE PAINTED AT DARK WHITE GALLERY, WHICH WAS DESIGNED BY THE OWNER BEN MOLLNER TO BE THE MOST IMMERSIVE ART GALLERY ON THE PLANET!

HIS CREATIVITY RUNS WILD WITHIN THE WALLS OF DARK WHITE, AND THERE IS NO DOUBT THAT WE WILL BE THROWING ANOTHER EVENT THERE SOON.

OUR GUESTS STOLE THE SHOW AS USUAL, AND EVERYONE THERE CONTRIBUTED TO A CUSTOM ART COLLAB BETWEEN BEN AND OURSELVES.

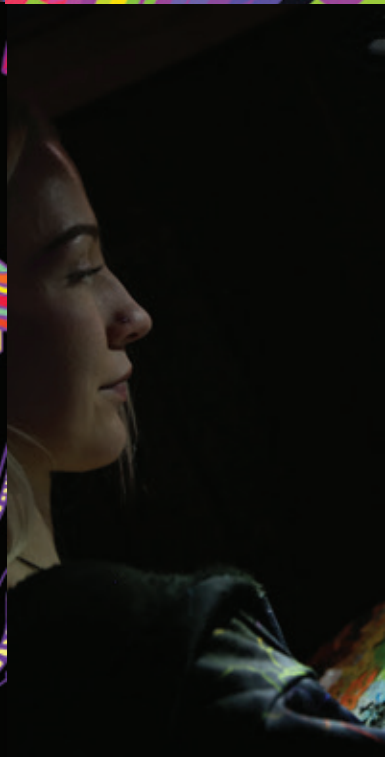




Shroomskicon

Shroomskicon

Shroomskicon





SHROOMSKICON IS OUR TWIST ON THE MODERN PSYCHEDELICS CONVENTION. WE THREW DOWN AT STAMPEDE IN AURORA ON BICYCLE DAY AND MADE HISTORY OCCUR ONCE AGAIN WITH NOT JUST ONE, BUT TWO MAJOR DEBUTS!

THE SHROOMSKI CHALLENGE WAS A FIRST OF IT'S KIND GRADING COMPETITION FOR CHEFS THAT INFUSE PRODUCTS WITH PSILOCYBIN MUSHROOMS. AS WELL AS THE PSYCHEDELIC FASHION SHOWCASE THAT WE TEAMED UP WITH DIMES MARKET TO MAKE HAPPEN!

WE PLAN ON EXPANDING ON BOTH OF THESE CONCEPTS IN THE COMING YEARS. OUR NEXT FASHION SHOWCASE WILL BE TIED INTO OUR ANNUAL HALLOWEEN PARTY!







THE PSYCHEDELIC FASHION SHOWCASE HAS BEEN BREWING SINCE WE STARTED A FEW YEARS AGO. THE SHROOMSKICON WAS THE PERFECT OPPORTUNITY TO DO IT.

WE HAD SO MANY AMAZING INDIVIDUALS COME TOGETHER TO MAKE IT HAPPEN. WE LOOK FORWARD TO DOING THESE TWICE A YEAR NOW!

THIS SEGMENT IS SUCH A VITAL PART OF THE CULTURE. EVERY ARTIST THAT WE'VE HAD ON THE COVER HAS THEIR OWN ARTWORK ON CLOTHING. THE CLOTHING AND ATTIRE THAT IS WORN AT RAVES AND FESTIVALS ARE ABOUT TO BECOME THE LATEST TREND!







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From The Roots to The Suits

by Dennis Walker

Q: How do you make a small fortune in the patented psilocybin biotech sector?

A: You start with a large fortune.

The Shroom Boom took off thanks to the underground and now a bunch of investors and out of touch regulators have confused their knowledge of hedge funds and pharmaceutical plays for authority on psilocybin, tanking shareholder value and missing the best part of the shroom boom in the process by not actually ever tripping.

Did anyone tell these guys that mushrooms are an already widely accessible and complete medicine as they are, and that a whole host of compounds beyond psilocybin working in concert together are responsible for the therapeutic effects that millions of shroomers around the world regularly experience?

Oh so you're a venture capitalist trying to reframe something that grows in shit for free for everyone into a patented and gatekept synthetic psilocybin analogue or a clinical venture restricted to \$3500 a session eighths? That's an interesting way of saying "I've never actually tripped" or letting us know you just read about microdosing for the first time in Michael Pollan's book a couple years ago but are still too timid to eat some Shroomski certified infused key lime pie with the rest of us.

Here's a bold idea: What if some of you high rollers invested a fraction of the loot you're throwing down on biotech plays into the underground community? Or better yet, put a psychonaut on your board? I'm not the first to suggest that the roots and the suits explore opportunities for synergy, but I'll say it louder for people in the back.

The roots built the culture and bootstrapped decades - no, millenia, of real world mushroom research and practical use, yet get treated as an

afterthought in the process of regulation and commercialization. I think anyone raising capital for a psilocybin related venture should be required to do high dose solo mushrooms matching each million dollars to a gram of mushrooms - you raised \$5 million for "Psiloboomer"? We're gonna need you to do a 5 gram solo journey before that money is yours.

Half of these corporate clowns trying to cash in on the Shroom Boom are the type to call 911 after tripping too hard off a 10 milligram weed brownie.

But as one of our mutual tripper friends says, "Babylon gonna Babylon baby" - is anyone actually surprised at what's happening here? Complaining is easy; meaningful action not always so. The simple fact of the matter is that we who actually consume mushrooms have an unprecedented opportunity to outcompete the corporate contam simply by growing and sharing more mushrooms. By looking out for each other and extending our mutual aid networks beyond the trip and towards a true sense of community who builds and grows together, who shares homegrown produce and provides gainful employment opportunities to each other and creates intentional abundance in place of artificial scarcity.

When's the last time one of these biotech bros has been to a Shroomski pop-up event or a smoke shop?

I find it hilarious that one of the main suits pushing for patented, medicalized and strictly gate kept psilocybin "first and only" took mushrooms on a yacht for the first time in 2018. I took mushrooms and went kayaking once, it was a profound experience but my downloads didn't include a God Complex.

True story: I was at an event with the head researcher from a major institution who was bitching about how expensive psilocybin clinical trials were to run and how they'd plowed through the \$15 million they had and needed more money to continue studying synthetic psilocybin effects on mice so they could pass the data along to Pfizer or some shit, and when I pointed out that there were two bags of mushroom substrate starting to pin 10 feet away from him, he was flabbergasted and looked like he'd seen a ghost.

"No drugs allowed on these premises!" came a reply from one of the event organizers, solidifying the fact that neither they nor the researcher was aware of what actual mushrooms looked like or where they came from - or for that matter, that they are already in and of themselves a complete medicine, and not 'drugs' that consumers need to be protected from and restricted access to while tens of millions of dollars continued to get poured into the pharmaceuticalization and profiteering off of nature.

The FDA designated psilocybin as a "Breakthrough Therapy" in 2018 as a means of 'expediting access' to a promising new mental health treatment. 7 years later and the only access to this profound and potentially life-saving medicine is coming from suburban moms who run microdosing circles and college sophomores who share the fruits of their labors with the rest of the dorm.

The regulators and the corporate carnival barkers effectively created a demand they can't fulfill, and now they're doubling down on their ignorance and claiming that patent protection on their spinoffs of already widely available substances is going to bail out their shareholders. I could name names, but all you have to do is google 'psychedelic stocks' - all of the big names are down 80-90% since their IPO's.

First the biotech bros tell us that psilocybin is one of the most effective medicines on the planet, then they say we can't actually access it until they give the greenlight - but don't worry, their company cash runway extends to 2028, so maybe you can have a watered down version of the real deal administered under the watchful eye of a couple of expensive therapists in a clinic owned by Blackrock by 2030.

The fact that the big money suits are getting handedly outplayed by a bunch of college dropouts and starry eyed space monkey psychonauts really tells you all you need to know about the world today: Investing \$15 million in running clinical trials studying the 5HT2A receptors Head Twitch response on mice with synthetic psilocybin in a lab is a piss poor use of time and energy when the culture has already embraced psilocybin mushroom cultivation, distribution and use on a macro scale.

Just pop onto TikTok, the platform used by 2 billion people and the preferred search engine for Gen Z and Gen Alpha, and go down a myco content rabbit hole. Mushrooms are damn near more popular than alcohol, especially for younger generations. We're talking tens of thousands of myco specific accounts and billions of views.

Oh you're a 'psychedelic executive', wtf does that mean? You took a microdose once at a Super Bowl afterparty and saw faces in the guacamole? You're throwing out your reputation one press release at a time while the culture is out here building mutual aid networks, looking out for each other and partying together.

If I had a nickel for every academic and researcher who's spent the last 7 years promising breakthrough mental health treatments while plowing through millions of dollars to produce nothing of value or substance at all and now cries wolf when the money hose they never should have had gets shut off, I'd be rich enough to buy a full setup to produce a lifetime supply of psilocybin mushrooms with no third party oversight. Because it costs less than \$100 to do that, you profiteering jackasses in cheap Italian suits and rented Ferrari's. Go back to Miami and run another crypto rug pull, my 18 year old neighbor down the street has supplied more people with psychedelic medicine in the last 4 hours than you have in 5 years and \$100 million of trying. And that's the truth.

I implore all you suits to pivot to AI or psychoplastogens or something. The entire psychedelic stock market looks like a hockey stick going in the wrong direction. It's like the comedown for a gas station gummy trip.

We'll be just fine over here with our Shroomski certified mushroom chocolates and a hundred different strains of exotics, all tested for analytical potency and delivered at scale in a self-regulated community pillared around harm reduction and visionary art.

"Oh you're a 'psychedelic executive', wtf does that mean? You took a microdose once at a Super Bowl afterparty and saw faces in the guacamole?"



"When's the last time one of these biotech bros has been to a Shroomski popup event or a smoke shop?"



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